



**Master of Arts in Clinical Mental Health Counseling**

**General Track**

Part Time Option (3.5 years) Recommended Course Sequence for January Start

(no summers)

Student Name:

Advisor:

YEAR 0.5				
Spring				
Course Number	Course Name	Credit Hours	Semester Taken	Grade Earned
CP501	Orientation to the Profession and its Practice	0	Mandatory 3 day orientation	
PS635	Professional Issues and Ethics	3		
CC524	Diversity, Difference and Inclusion	3		
<b>Total Credit Hours</b>		<b>6</b>		

YEAR 1				
Fall				
Course Number	Course Name	Credit Hours	Semester Taken	Grade Earned
CX510	Theories of Counseling and Psychotherapy	3		
CN520	Psychopathology	3		
LS659	Lifespan Development	3		
<b>Total Credit Hours</b>		<b>9</b>		
Spring				
Course Number	Course Name	Credit Hours	Semester Taken	Grade Earned
PA535	Psychological Assessment for Counselors	3		
GR501	Group Counseling and Psychotherapy	3		
SB515	Substance Abuse Evaluation and Treatment	3		
<b>Total Credit Hours</b>		<b>9</b>		
<b>Total credits for year 0.5 and 1: 24</b>				

YEAR 2				
Fall				
Course Number	Course Name	Credit Hours	Semester Taken	Grade Earned
CO500	Consultation, Collaboration and Community Partnerships	3		
FX510	Introduction to Family Therapy	3		
CN501	Clinical Skills and Practicum I	4		
<b>Total Credit Hours</b>		<b>10</b>		
Spring				
Course Number	Course Name	Credit Hours	Semester Taken	Grade Earned
CD501	Career Counseling	3		
XXXXX	Elective 3	3		
CN502	Practicum II	3		
<b>Total Credit Hours</b>		<b>9</b>		
<b>Total credits for year 2: 19</b>				

YEAR 3				
Fall				
Course Number	Course Name	Credit Hours	Semester Taken	Grade Earned
RS610	Research and Program Evaluation	3		
XXXXX	Elective 1	3		
CN601	Mental Health Counseling Internship I	4		
<b>Total Credit Hours</b>		<b>10</b>		
Spring				
Course Number	Course Name	Credit Hours	Semester Taken	Grade Earned
XXXXX	Elective 2	3		
CN602	Mental Health Counseling Internship II	4		
<b>Total Credit Hours</b>		<b>7</b>		
<b>Total credits for year 3: 17</b>				
<b>TOTAL CREDITS FOR PROGRAM: 60</b>				

**Note 1: Student must pass the required comprehensive examination in the fall or spring semester before graduation.**

**Note 2: If the student is registered for a college-wide concentration, those credits are above the degree required credits.**

If the student selects one of the following areas of emphasis, the sequence will be modified to accommodate for the specific requirements of that selection.

**DEPARTMENTAL AREA OF EMPHASES COURSES**

<b>COUPLES &amp; FAMILY THERAPY</b>				
<b>Course Number</b>	<b>Course Name</b>	<b>Credit Hours</b>	<b>Semester Taken</b>	<b>Grade Earned</b>
FX630	Collaborative Therapy with Multistressed Families	3		
FX650	Therapy with Couples	3		
FX670	The Contemporary Family	3		
FX690	The Role of Intimacy and Human Sexuality in the Family	3		
<b>Total Credit Hours</b>		<b>12</b>		
<b>EXPRESSIVE ARTS THERAPY</b>				
<b>Course Number</b>	<b>Course Name</b>	<b>Credit Hours</b>	<b>Semester Taken</b>	<b>Grade Earned</b>
ET601	Practical Approaches in Expressive Arts Therapy	3		
ET650	Advanced Expressive Therapies: Theory and Practice	3		
<b>SELECT one of the following 3 credit courses:</b>				
ET630	Introduction to Play Therapy	3 OR		
ET640	Psychodrama and Drama Therapy	3 OR		
ET670	Multicultural Trauma-Sensitive Expressive Arts Therapy	3		
<b>Total Credit Hours</b>		<b>9</b>		
<b>FORENSIC &amp; CORRECTIONAL COUNSELING</b>				
<b>Course Number</b>	<b>Course Name</b>	<b>Credit Hours</b>	<b>Semester Taken</b>	<b>Grade Earned</b>
MH531	Mental Health and Counseling in the Legal System	3		
FS611	Criminal Behavior	3		
<b>SELECT one of the following 3 credit courses:</b>				
TR602	Trauma, Theory and Treatment	3 OR		
FS501	Sex Offender Evaluation and Treatment	3		
<b>Total Credit Hours</b>		<b>9</b>		
<b>HEALTH &amp; BEHAVIORAL MEDICINE</b>				
<b>Course Number</b>	<b>Course Name</b>	<b>Credit Hours</b>	<b>Semester Taken</b>	<b>Grade Earned</b>
PC521	Introduction to Counseling in Medical Settings	3		
PC611	Behavioral Medical Interventions	3		
PC620	Topics in Public Health: Epidemiology, Health Disparities, Program Design and Evaluation	3		
<b>Total Credit Hours</b>		<b>9</b>		

**Note: All areas of emphases requirements except the CFT are within the required 60 credits for the counseling degree. The CFT area of emphasis augments the required credits to 63 credits. Emphases areas following a different course sequence. Please refer to sequence for area of interest.**

In addition, there are college-wide concentrations that require credits above the degree required credits.

**Students in the General Track can choose electives from the Departmental Areas of Emphasis, as long as students meet the pre-requisites for those courses, or from additional electives listed below.**

**OTHER ELECTIVES**

<b>OTHER ELECTIVES</b>				
<b>Course Number</b>	<b>Course Name</b>	<b>Credit Hours</b>	<b>Semester Taken</b>	<b>Grade Earned</b>
PR624	Capstone Project Seminar	3		
HU535	Spiritually-Oriented Psychotherapy	3		
SB631	Eating Disorders	3		