



**WILLIAM JAMES
COLLEGE**

November 17, 2022



MVP and TVTV Newsletter

Your newsletter for all important updates related to Military and Veterans Psychology and the Train Vets to Treat Vets Programs.

November 2022

In November we honor our veterans. Our military, veteran and connected students put together an excellent program to bring together faculty, staff, and students in celebration of veterans. This year they focused on the stereotypes of military and veterans on campus and how assumptions could negatively impact them in their careers as students and professionals as well as ways in which they think our community can continue to make them feel welcome and supported. The discussion was also a celebration of military and veteran culture as each student panelist shared briefly about the ways in which they believe their military service had impacted how they show up in the world. They shared personal stories and experiences that helped the audience connect with them on a personal level while also demonstrating the strength and leadership that they bring to the fields of counseling and psychology. I'm proud of their bravery in sharing and look forward to learning about the contributions they will make in their fields. We are lucky to have so many incredible military and veterans share our campus.

I would like to reshare ways in which you may take action to support our veterans. I posted following on LinkedIn in honor

of Veterans Day. Veterans Day, is a perfect reminder to acknowledge those who have sacrificed for our freedom. While saying “thank you for your service,” or “Happy Veterans Day,” is appreciated by most, putting action behind the words is more meaningful and felt by all. In case you’re wondering how you can you help veterans, here are a few ways:

1. Make no assumptions about who is a veteran. Anyone in your community could be a veteran. The guy in the veteran hat is an obvious former service member but veterans also look like the people next door. A veteran could be a member of a family with small children, a couple who lives alone, a single person, or even the girl next door. Many of them do not even consider themselves veterans so if you want to know if they served ask, “did you ever serve in the military?”

2. They are all in a different place in terms of readjusting from their experiences, even if they completed their service decades ago. Some would prefer not to be called out. Others have experienced a tremendous loss—loss of innocence, friends, family, battle buddies or wingmen. They may struggle to find the happiness in the day so it might be more heartfelt to thank them for their sacrifice rather wishing them a happy day.

3. More important than any words, take action to support them in your communities. Donate time or resources to legitimate veteran organizations such as the Service Women’s Action Network or any other organization that fits your commitment and availability to help.

4. Another way to act is to contact your state and federal representatives to encourage them to do whatever it takes to improve veterans’ programs and access to care.

5. To my fellow veterans—please do not hesitate to reach out if you need assistance. There’s a new nationwide hotline—988—for those in immediate need of someone to listen. You are not alone and there are many ways to get help.

These are some of the words and actions that are felt by the whole system and could make a difference to those who have served. Thank you for paying attention to our service and our

needs.

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Announcements

Veterans Day Hour on Radio Boston

Dr. Jenny D'Olympia participated in an interview on WBUR's Radio Boston, which aired on November 10, 2022. WBUR host, Tiziana Dearing, spoke to a panel of veterans about why they chose to serve and how our community can best support veterans in Massachusetts. U.S. Reps Seth Moulton and Jack Auchincloss, also participated on the panel along with Marydith Tuitt, veterans center program manager for Harvard Street Neighborhood Health Center. Dr. D'Olympia joined the conversation at 32:38 and shared the importance of extending our appreciation to veterans and helping to connect them to mental health and readjustment services. Thank you to Dr. D'Olympia for your leadership and advocacy. Thank you to all military personnel and veterans in our community.

[Listen Here!](#)

Navy HPSP Scholarship Meeting

Date: Friday, November 18th

Time: 12-1

Zoom ID: 863 6454 3574

Passcode: 650312

Please join us for an information session regarding the Navy's Health Professions Scholarship Program (HPSP). This meeting will involve an overview of the program and an opportunity to connect with recruiters.

Upcoming Student Veteran Colloquium

The Impact of Self-Reported Loneliness and Social Isolation on Executive Functioning in Older Adults

Presented by: Amy Overpeck

Date: November 18th, 2022 12PM

Zoom ID: 856 9816 6970

Upcoming CE Events

Suicide Prevention for Military Veterans Through Lethal Means Counseling

Date: November 17th, 2022 10AM - 2:30PM

Location: 1492 Washington, St, Canton MA 02021

This program will provide clinicians with the background knowledge about firearms, safe firearms storage, firearms safety and the laws of firearms ownership in Massachusetts to improve their knowledge, vernacular and confidence, when discussing suicide prevention as it relates to firearms and safer firearms storage with military and veterans in the community. This training will also discuss the relationship between veterans and firearm ownership. It will provide an overview of tools for suicide risk screening and will offer specific questioning and scenarios related to risk of death by suicide with firearms demonstrated and practiced through role play.

[Register Here](#)

Previous CE Events

If you would like to review any previous CE events, you can find the links to recordings on our website.

[Visit our Website!](#)

Dr. Trey Tippens

Dr. Tippens' military service began as an enlisted artillery Soldier in 2003. In 2013, Dr. Tippens Commissioned into the Army as an AMEDD Officer after receiving his Doctorate in Clinical Psychology from William James College. He completed his APA-accredited internship at Walter Reed National Military Medical Center and his APA-accredited residency at Womack Army



Medical Center. Upon licensure, Dr. Tippens first appointment was with the US Army Special Operations Command where he served in the following positions: lead psychologist for SERE-School, lead psychologist for the Special Forces Assessment and Selection Program, lead psychologist for Civil Affairs Assessment and Selection Program, and lead psychologist for Psychological Operations Assessment and Selection Program. After completing this first assignment, Dr. Tippens was attached to the Army's Training and Doctrine Command, serving as the lead psychologist for the Asymmetric Warfare Group (AWG) Assessment, Selection, and Training Program. While at AWG, Dr. Tippens had the opportunity to support the West Point football team in developing its locker-room culture and leadership. Also, while at AWG, Dr. Tippens served as the lead consultant psychologist for developing, pitching, and piloting the Army's Battalion Commander Assessment Program, revolutionizing how the Army selects senior leaders. Currently, while he continues to support Army programs as a contractor, Dr. Tippens is using his experiences to help civilian public school and hospital systems as these organizations navigate the leadership and organizational challenges resulting from the Covid pandemic. As an Army Veteran, Dr. Tippens's awards include two Meritorious Service Medals, four Army

Commendation Medals, and one Joint Service Achievement Medal awarded in a Combat Environment. In addition, he has been featured on National Public Radio and The Boston Globe for his work in supporting military Veterans.

Student Spotlights

Sean Paul



Sean Paul is a former Marine who served as a TOW gunner with 1st Tank Battalion from 2002 to 2006. During this time, he deployed for the invasion of Iraq as well as a tour in the area of Fallujah. Paul works as a full-time police officer with a major municipality and is a full-time graduate student pursuing a doctorate of

psychology. He hopes to serve the first responder and veteran communities. Paul is married to an amazing woman and has three children he adores. During his off time (which is rare), he enjoys training Brazilian jiu-jitsu, coaching his kids' sports, and spending time with family and friends.

Sean also recently published an article titled "Note to Self: When They Come for You in the Night, Don't Give Up. Fight Back."

[Read Article Here](#)

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