

January 19, 2022



# **MVP and TVTV Newsletter**

Your newsletter for all important updates related to Military and Veterans Psychology and the Train Vets to Treat Vets Programs.

#### **Announcements**

## **Upcoming CE Events**

**Co-parenting and Deployment Trauma: Integrative Strategies in Couple and Family Therapy** 

Time and Date: January 21st 12-1pm

CE Credits: 1
Cost: Free

Please join us for a discussion about co-parenting and deployment trauma in military families. Research has found that marital satisfaction may exacerbate or buffer mental health symptoms in military service members. Professor David Haddad, core faculty member at William James College will discuss the family as a living system and identify unique characteristics of military families. Participants will also have the opportunity to learn about the differences between non-military and military family developmental cycles. We will also discuss therapeutic interventions, including positive psychology, as well as common factors of effective therapists and therapies in the field of couple and family therapy for military families.

**Register Here** 

#### **Women Veterans**

Time and Date: February 18th 12-1pm

CE Credits: 1
Cost: Free

This program will be delivered by a woman veteran psychologist and will explore the personal experience, current research related to women veteran, and common misunderstandings and gaps in the research related to women veteran's experience utilizing mental health services

**Register Here** 

#### **Previous CE Events**

### **Effective Leadership during Chaos and Crisis**

Time and Date: December 17th 12-1pm

**CE Credits:** 1

Cost: Free

Originally developed and coined in the early 1990's at the U.S. Army War College in Carlisle Barracks, the acronym "VUCA" – volatile, uncertain, complex and ambiguous – described the future battlefields on which soldiers would fight in a post-Cold War environment. During the Pandemic, this acronym became mainstream to describe the challenges leaders at all levels in the private, public, and non-profit sectors. The leadership skills needed to succeed in a VUCA environment are significantly different than during normal and stable situations.

**View the Training Here!** 

## **Save the Date - Presentation on Rape Culture**

Time and Date: April 14th, 12-1pm

Faculty, staff, students, and community members are invited to join us for a presentation delivered by Obbie West through a combination of spoken words and discussion. He will define "Rape Culture" by addressing the toxic stigmas perpetuated by society and the hazards created by unhealthy definitions to

## Faculty Spotlight - Dr. Laura Johnson, Ed.D; Ed.S



Dr. Laura E. Johnson, Ed. D; Ed.S. (she/her) is a twenty-year Veteran of the U.S. Air Force, which included years in the Security Police Career Field (Enlisted) and Military Intelligence Community (Commissioned). She has served in both Iraq and Afghanistan, along with assignments in Kuwait, Kyrgyzstan, the United Arab Emirates, Saudi Arabia, Korea, Israel, and the United Kingdom.

Previous assignments included teaching World History at the U.S. Air Force Academy in Colorado Springs, Colorado, and teaching Cross-Cultural Communication at the Air Force Special Operations School located at Hurlburt Field Air Force Base in Florida, home of the Air Force Special Operations Command. She has been a Strategic Planner for the U.S. Department of Defense, worked as a Mentor, Trainer, and Advisor for U.S. State Department in Africa, and served as a United Nations Peacekeeper in Israel supporting the United Nations Truce Supervision Organization (UNTSO) mission from Jerusalem. She completed her doctorate in December 2020, with a focus on effective Community Partnership Models for lower socio-economic communities and underserved populations.

### Faculty Spotlight - Dr. Angela Taveira-Dick, Ph.D

Dr. Angela Taveira-Dick (she/her/hers) is the Project Director of the Graduate Psychology Education and Opioid Workforce Expansion Training Grants and is an Adjunct Faculty member in the Departments of Clinical and Counseling Psychology. Dr. Taveira-Dick received her doctoral degree from the Nova



Southeastern University in 2013 with an emphasis on treating

individuals with long term mental illness. She completed her predoctoral internship in "Clinical & Community Psychology" at Yale University School of Medicine and completed a postdoctoral fellowship in "Psychosocial Rehabilitation" at the Bedford VA.

Previous to her position at William James College, Dr. Taveira-Dick was the program manager for the Community Recovery Connections Team at the Bedford VA. In this position she worked closely with peer support specialists to identify and create community partnerships between the VA and nongovernmental agencies in order to enhance veterans' reintegration into the community. She led her team to create partnerships between nonprofit agencies in nine different towns in the Boston area. As a result, the "veteran coffee social" program had approximately 30 veteran community coffees which connected over 100 service members with community resources each week. In addition, she developed and implemented the Specialized Team for Early Engagement and Recovery (STEER) program to serve veterans with symptoms of psychosis. Her main interests include psychology training, supporting veteran students, community engagement, and delivery of mental health services to veterans (including early intervention for those diagnosed with first episode psychosis).

#### For Alum:

We are offering you an opportunity to join in the experiential learning groups which are a part of our Military and Veteran Psychology (MVP) Program. Our Experiential groups are well underway, but we still have room for new attendees. Our two groups meet Mondays at 12pm and Thursdays at 8pm. While students in the MVP concentration are required to participate in the experiential group during one year of their studies, the group is also open to any WJC student or Alum in any concentration, track, program, or specialization. Our Thursday group meets via Zoom and our Monday group is hybrid, inperson & zoom.

Please email mvp@williamjames.edu if you would like to participate in one of the groups.

## **Contact Us!**

### mvp@williamjames.edu

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