



CMGMH CONNECTION

Wawa No Cidal

"Children of the Sun"

On Monday, February 13th, the Center for Multicultural and Global Mental Health (CMGMH) and the Black Mental Health Graduate Academy at William James College (WJC) hosted a well-attended screening of *Wawa No Cidal*, a film about indigenous family struggles against capitalist property developers on ancestral lands in Taiwan.

"Dr. Natalie Cort and I were excited to bring *Wawa No Cidal* to WJC," explained Dr. Meng Chiang, Assistant Professor in the Clinical Psychology Department. "We appreciated how this film about a Taiwanese indigenous community reflects universal struggles and triumphs of indigenous peoples and migrants. We were able to put together a program that connects WJC to diverse communities surrounding us, collaborating with various associations that support Asian American cultures."



(From left to right) Fabiola Jean-Felix (WJC Student), DJ Hatfield (Associate Professor at Berklee College of Music), Dr. Natalie Cort (WJC Faculty), Ado Kaliting Pacidal (lead actress in *Wawa No Cidal*), Dr. Meng Chiang (WJC Faculty), Dr. Jill Bloom (WJC Faculty), and Sarah Anderson (AmeriCorps VISTA Project Coordinator for CMGMH)



DJ Hatfield (Associate Professor at Berklee College of Music) and Ado Kaliting Pacidal (lead actress in *Wawa No Cidal*) led a group discussion following the film screening.

Ado Kaliting Pacidal, the lead actress of the film, and DJ Hatfield, Associate Professor at Berklee College of Music, led the discussion following the film screening. "Pacidal is an amazing activist, singer/song-writer, and TV personality in Taiwan," said Dr. Chiang. "Her work focuses on revitalizing rather than merely preserving her indigenous culture in the Amis tribe, and she writes original songs in her maternal language."

Ado Kaliting Pacidal provided insight about the film and indigenous cultures in Taiwan. She explained that the direct translation of *Wawa No Cidal* is "Children of the Sun."

"The symbol of the 'sun' has three layers of meanings in Amis culture," Pacidal explained. "First, the sun is feminine rather than masculine in the Amis culture, differing from the predominant Western conceptualization, reflecting their traditional matrilineal society. Second, the sun represents the ancestors who are

respected and revered in the culture. Thirdly, as most indigenous people have gone through the hardship of oppression and unequal treatment, the symbol of the sun also speaks to the ideal that 'all people ought to be treated equally, just as the sun shines on us all equally,' supporting both equality and equity."

CMGMH is grateful to our many event sponsors and collaborators for making the film screening possible.

For more information about upcoming CMGMH events, email cmgmh@williamjames.edu or visit our Facebook page, www.facebook.com/cmgmh

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National Women's History Month and International Women's Day

The month of March is dedicated to the observance of International Women's Day and National Women's History Month. As our country becomes more diverse and the world becomes more connected through technology, international affairs, and development, the Center for Multicultural and Global Mental Health at William James College is committed to serving people of all genders and honoring the numerous women, men, and non-binary individuals who have worked tirelessly in pursuit of gender parity.

International Women's Day—March 8

International Women's Day celebrates the social, economic, cultural and political achievements of women around the world as well as recognizes individuals who fight for gender equality. International Women's Day first emerged in 1911 from the activities of labor movements at the turn of the 20th century in North America and in Europe (1). International Women's Day serves to build support for the equal rights and participation of people of all genders across the globe (2).

This year's International Women's Day Theme, as designated by the United Nations, is "Women *in the Changing World of Work: Planet 50-50 by 2030*" (3). This theme encourages reflection on how to accelerate the 2030 Agenda for Sustainable Development, which was adopted by world leaders in September 2015 at the UN Sustainable Development Summit (4). The 2030 Agenda calls for a number of outcomes in gender equality, including free and equitable education for all children and the elimination of violence and discrimination based upon gender in public and private sectors (5).

Follow the **#BeBoldForChange** campaign to learn more about movements for gender inclusivity and equality in celebration of International Women's Day (6).

Celebrating National Women's History Month

"National Woman's Day" was first celebrated in 1909 (7), which then became "Women's History Week" in 1980, before March was officially designated as Women's History Month in 1987 (8).

In his message to the nation designating March 2-8, 1980 as National Women's History Week, President Jimmy Carter highlighted the importance of recognizing the many contributions of marginalized and minority women in American History:

"From the first settlers who came to our shores, from the first American Indian families who befriended them, men and women have worked together to build this nation. Too often the women were unsung and sometimes their contributions went unnoticed. But the achievements, leadership, courage, strength and love of the women who built America were as vital as that of the men whose names we know so well... I urge libraries, schools, and community organizations to focus their observances the leaders who struggled for equality—



Susan B. Anthony, Sojourner Truth, Lucy Stone, Lucretia Mott, Elizabeth Cady Stanton, Harriet Tubman, and Alice Paul. Understanding the true history of our country will help us to comprehend the need for full equality under the law for all our people." (9)



Boston Women's March, January 21, 2017

References and Information about National Women's History Month & International Women's Day

- 1, 2, 7. "International Women's History Day: History of the Day." United Nations. <http://www.un.org/en/events/womensday/history.shtml>
- 3, 5. "International Women's Day—2017 Theme: 'Women in the Changing World of Work: Planet 50-50 by 2030'". United Nations. <http://www.un.org/en/events/womensday/>
4. "Sustainable Development Goals: 17 Goals to Transform Our World." United Nations. <http://www.un.org/sustainabledevelopment/summit/>
6. "Take Action on International Women's Day". International Women's Day Campaign. <https://www.internationalwomensday.com/>
8. "Women's History Month". Library of Congress. <http://womenshistorymonth.gov/>
9. "Why March is National Women's History Month". National Women's History Project. <http://www.nwhp.org/womens-history-month/womens-history-month-history/>

Celebrating Women's History Month and International Women's Day at William James College



"In my opinion, many people associate the pioneers of the field of psychology with a variety of prominent males. People such as William James, Freud, and Skinner are household names, deservedly so, and yet there are many notable women in the field's history as well. There were fewer working women in all disciplines, given the workplace trends of the past, however despite their relative minority, female psychologists made very influential contributions. They are simply less well-known in popular culture. Interestingly, while the history of the field was male dominated, the current demographics are markedly different. There has been a major shift in more recent years. APA's Center for Workforce data indicates that 74% of early career psychologists are women. For me, it is important that these young women see women in leadership roles so that they have role models because society still tends to associate leadership with men. ***In order to best serve our clients, it is important to have a diverse range of providers, including mental health professionals of all genders.***"

-Stacey Lambert, PsyD, Clinical Psychology Department Chair

"Women's History Month remains significant within the field of school psychology because, despite the fact that most school psychologists are women, men have historically been over-represented in leadership and faculty positions within the field. While I have not personally worked for organizations whose sole mission it is to empower women, I feel that by holding leadership positions within William James College (currently Department Chair, Program Director, and Associate Professor) and the National Association of School Psychologists (currently Professional Growth Committee Member and formerly Student Development Workgroup Chair and Early Career Workgroup Chair), ***I am able to model for others that a woman can and should have a voice at the table in our field.*** "

-Arlene Silva, PhD, LEP, NCSP, School Psychology Department Chair



"The celebration of Women's History Month provides me with a chance to reflect upon the amazing women in my life. I appreciate their successes most through the eyes and emulation of my daughter. For her to grow with these hardworking, successful, confident, compassionate women around her on a daily basis - I can already see the positive effects on who she is becoming. ***Women's History Month is a time to revel in what all women have accomplished. However, personally, I enjoy thinking about the profound women in my life, and what they've created for themselves as well as for those that follow.***"

-Josh Cooper, MEd, JD, Dean of Students



"In a male dominated society, we often don't receive the recognition we deserve. Nevertheless, we shine. As women, we need to uplift one another and empower each other to be comfortable in our own skin regardless of what we've been through. ***Our wounds are what make us powerful, our scars are what make us human, and our differences are what make us beautiful.*** We deserve to look at ourselves with more light and fill one another with more love. We need to reshape our own perception of how we view ourselves and have the ability to accept ourselves as a work in progress. If anything at all, remember to own your excellence."

"I raise up my voice -- not so I can shout, but so that those without a voice can be heard...we cannot succeed when half of us are held back." Malala Yousafzai.

-Donicka Suprice, Second-Year Student, Counseling Psychology Master's Program



Celebrating Women's History Month and International Women's Day at William James College



"International Women's Day allows us to celebrate, appreciate and give thanks to the women who have paved the way for us today. *As a woman in the field of psychology, I am reminded that this field was once not meant for me but I can now say that the president-elect of the American Psychological Association is not only a woman, but a woman of color!* Despite the fact that gender inequality is still present in our society, we take a day to recognize every mother, wife, daughter, or sister who started her own path towards change. Being raised by a single mother and an aunt who are Haitian immigrants reminds me every day why it's important to celebrate not only International Women's Day, but the women in our lives every day."

"Strong enough to bare the children, then get back to business." — Beyoncé, *Run the World (Girls)*

-**Hermeline Pierre**, Second-Year Student, Counseling Psychology Master's Program

"Women have been historically portrayed as weak, powerless, and less intelligent beings who need the services of men. Sojourner Truth, the suffragettes, Audre Lorde and bell hooks are just a few women who vehemently disprove this incorrect theory. *Women are still being oppressed, violently targeted and unfairly treated in many areas of life throughout the world; yet, no blindness or lack of awareness can hide the millions of women who continue to overcome these barriers by creating strong networks, innovative solutions, and sound legal defenses.* To all powerful women: Assert your prowess in education, art, business, science, psychology and in virtually all areas of living."



-**Frank Sacco**, Third-Year Student, Clinical PsyD Program

"Equality: Nothing less!"

-**Bruce Ecker**, PhD, Associate Professor, Clinical Psychology Department; and Director, Concentration in Children & Families of Adversity of Resilience (CFAR)



"The greatest inspirations in my life come from women, particularly strong is **Rigoberta Menchú Tum**, human rights activist from Chimel, Guatemala. A leading advocate of Indian rights and ethno-cultural understanding who "in recognition of her work for social justice reconciliation based on respect for the rights of indigenous peoples" was awarded the Nobel Peace Prize in 1992. She said: *'Peace is not merely the absence of war. As long as poverty, racism, discrimination and exclusion are present, peace will be difficult to attain in our world.'*"

-**Mario Murga**, Director of Admissions



"I sing with Voices Rising, a women's chorus, founded upon feminist principles of community, inclusivity, activism and education. We sing together to give voice to our lives, diverse identities and beliefs. This January our concert repertoire focused on the theme of women heroes and pioneers, including Harriet Tubman, Anne Frank, and Malala. We also had the honor of performing at the Boston Women's March for America. Singing for a crowd of 100,000+ on Boston Common was incredibly uplifting and empowering! *For me, a key theme of Women's History Month is celebrating the lives and achievements of diverse women, past, present, and future!*"

-**Meredith Apfelbaum**, Assistant Director for Student Affairs



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SAVE
THE
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ANNUAL CONFERENCE ON POSITIVE YOUTH DEVELOPMENT

RE-ENVISIONING THE BRILLIANCE OF BOYS OF COLOR

Inspiring Professionals Dedicated to Empowering the Social-
Emotional and Academic Development of Our Youth

May 20th, 2017 @ 9am-4pm

Keynote Speakers

William S. Pollack, PhD, ABPP

Associate Professor of Psychology,
Dept of Psychiatry, Harvard Medical School

Hon. Leslie E. Harris, JD, (Ret.)

Former Associate Justice for Suffolk Juvenile
Court, Massachusetts



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PSYCHOLOGY PROGRAM, EXPRESSIVE ARTS THERAPY PROGRAM

Register: www.williamjames.edu/ce; Info: Dr. Natalie Cort @ Natalie_Cort@williamjames.edu

Upcoming Events & Conferences

- March 4: **Culture Camp: The Creative Culture Conference for Educators.** City Year Headquarters of Idealism, Boston. 9:30am-4:30pm. For more information, visit <http://www.psculturecamp.com/>
- March 18: **6th Annual Young Men's Leadership Conference.** Greater Boston Morehouse College Alumni Association. 9am-3pm. <http://gbmcaa.org/morejazz-weekend/ymlc/>
- March 31: **Bangladesh APA International Learning Partner Trip 2018.** Tentative Dates February 13-23, 2018. Contact sasonganyi@apa.org by March 31st, 2017 if you are interested in learning more.
- April 1: **Best Kept Secret: Treatment Techniques that Work in the Latino Community.** 9am-12pm. Sponsored by the Latino Mental Health Program & the Center for Multicultural and Global Mental Health at William James College. Register at https://netforum.avectra.com/eweb/DynamicPage.aspx?Site=MSPP&WebCode=EventDetail&evt_key=67aad845-7b7f-4679-88c5-935e3c738d8e
- April 7: **Transgender Children and Youth: Cultivating Pride and Joy with Families in Transition.** The Multicultural Family Institute. 9am-4pm. Register at <http://multiculturalfamily.org/transgender-children-and-youth/>
- April 9: **The Dr. Cynthia Lucero Memorial 5K Walk/Run.** 9:30am-2pm RAIN or SHINE! For more information, visit <http://www.williamjames.edu/giving/lucero-run/index.cfm>
- April 20: **10th Annual Psychology Day at the UN. "Promoting Well-being in the 21st Century: Psychological Contributions for Social, Economic, and Environmental Challenges."** <http://unpsychologyday.org>
- April 21: **Deadline for Call for Proposals - Diversity Challenge: Race, Culture, and Criminal Justice Throughout the Lifespan** at Boston College, October 13-14, 2017. The Institute for the Study and Promotion of Race and Culture (ISPRC). <http://www.bc.edu/schools/lsoe/isprc/>
- April 22-23: **14th Annual Global Health & Innovation Conference (GHIC)** at Yale University. For more information, visit <http://www.uniteforsight.org/conference/>
- April 27-29: Society for the Study of Psychiatry and Culture's 18th Annual Meeting - **Culture and Mental Health: Family Matters.** Princeton, New Jersey. For more information please visit psychiatryandculture.org or email your questions to sspculture@gmail.com
- May 10: **Spinning Threads of Hope: Preventing Suicide in Asian Communities.** Eighth Annual Asian American Mental Health Forum. 9am-3pm. Higgins University Center, Clark University. <http://sampan.org/2017/02/asian-american-mental-health-forum-on-may-10/>
- May 15: **Deadline for Call for Proposals: 75th Annual Conference of the International Council of Psychologists.** "Psychology's Contribution to People, the Planet, and the World," July 28-30, 2017, Dyson College Center for Global Psychology, New York City. Submit proposals at https://pace.az1.qualtrics.com/jfe/form/SV_cJadyfsGY3kO4Wp
- May 20: **Re-Envisioning the Brilliance of Boys of Color: Inspiring Professionals Dedicated to Empowering the Social-Emotional and Academic Development of Our Youth.** 9am-4pm at WJC. Conference sponsored by CMGMH, the Concentration in Children and Families of Adversity and Resilience, the Department of Community Engagement, and the School Psychology Department at William James College. Register at https://netforum.avectra.com/eWeb/DynamicPage.aspx?Site=MSPP&WebCode=EventDetail&evt_key=faa94f7e-4c8b-4d27-90d3-f2bf945ba1bb
- July 1-25: **The 2017 Summer Encampment Program for youth 15-18 years old** who want to become a part of a national and intergenerational community of social justice activists and leaders from across the country. Hampshire College, Amherst, MA. Application materials are now available online at <http://encampmentforcitizenship.org/what-we-do/how-to-apply.php>
- October 27-Nov 5: **Cuba APA International Learning Partner Program Trip.** For more information, visit <http://www.apa.org/international/outreach/learning-partner.aspx>