

Hispanic

HERITAGE MONTH

Por qué celebramos el Mes Nacional de la Hispanidad?

Why do we celebrate National Hispanic Heritage Month?



Cada año los Estados Unidos celebra el Mes Nacional de la Herencia Hispana del 15 de Septiembre al 15 de Octubre. En este mes se celebran las historias, culturas, y contribuciones de personas en los Estados Unidos cuyos ancestros vinieron de España, México, el Caribe, Centro y Sud América.

Every year, the United States observes National Hispanic Heritage Month from September 15th to October 15th. It celebrates histories, cultures and contributions of people in the United States whose ancestors came from Spain, México, the Caribbean, Central and South America.

Celebramos Afro-Latinidad en el tiempo de *Black Lives Matter*

We celebrate Afro-Latinidad in times of *Black lives Matter*

<https://remezcla.com/lists/music/afro-latino-fest-black-lives-matter-photos/>



WILLIAM JAMES
COLLEGE

Center for
Multicultural & Global
Mental Health

Please Check Out the Additional Resources and Events on Hispanic and Latinx Culture

- HHS: [StopBullying.gov](https://www.stopbullying.gov/) is now available en español. [StopBullying.gov](https://www.stopbullying.gov/) provides information from various government agencies on the definition of bullying, cyberbullying, who is at risk, and how you can prevent and respond to bullying. <https://www.stopbullying.gov/>
- HHS/Substance Abuse and Mental Health Services Administration (SAMHSA): The [Opioid Overdose Prevention Toolkit](https://store.samhsa.gov/product/SMA18-4742SPANISH?utm_campaign=fyi_newsletter&utm_medium=email&utm_source=govdelivery) is now available in Spanish as *Prevención de la Sobredosis de Opioides: Manual de Instrucción*. It offers strategies to health care providers, communities and local governments for developing practices and policies to help prevent opioid-related overdoses and deaths. https://store.samhsa.gov/product/SMA18-4742SPANISH?utm_campaign=fyi_newsletter&utm_medium=email&utm_source=govdelivery
- HHS/NIH: *All of Us Research Program* Spanish website. The *All of Us* participant experience is now available in Spanish. Learn about the program, get help from the All of Us support center, sign up, and even receive newsletter updates—all in Spanish. All of Us also offers free downloadable materials in Spanish to help community members and others spread the word about the program. https://www.joinallofus.org/es?utm_campaign=fyi_newsletter&utm_medium=email&utm_source=govdelivery
- HHS/NIH, Office of Communications and Public Liaison (OCPL): *NIH Spanish Health Information Portal*. This website offers free, reliable health information in Spanish. It features monthly content from NIH News in Health and an *Ask Carla* column to help you locate NIH health resources in Spanish https://salud.nih.gov/?utm_campaign=fyi_newsletter&utm_medium=email&utm_source=govdelivery
- HHS/NIH, National Eye Institute (NEI): *National Eye Health Education Program (NEHEP)*. If you're Hispanic/Latino and age 40 or older, you have a 50 percent chance of getting type 2 diabetes, which can lead to diabetic eye disease. Diabetic eye disease often has no early warning signs. The best way to keep it from causing vision loss or blindness is to find and treat it early. For resources in English and Spanish, please visit https://nei.nih.gov/nehep/programs/diabeticeyedisease/resources?utm_campaign=fyi_newsletter&utm_medium=email&utm_source=govdelivery
- HHS/NIH, National Cancer Institute (NCI): NCI offers cancer information in Spanish through cancer.gov/espanol and their [Facebook](#) and [Twitter](#) accounts. Trained information specialists provide personalized responses, in Spanish as well as English, to questions about cancer via the [NCI Contact Center](#), which can be accessed by [e-mail](#), [live chat](#) or by calling 1-800-422-6237 https://www.cancer.gov/espanol?utm_campaign=fyi_newsletter&utm_medium=email&utm_source=govdelivery
- HHS/NIH, National Heart, Lung, and Blood Institute (NHLBI): *The NHLBI Center for Health Information*. Health Information Specialists are available to provide bilingual information on diseases of the heart, lung, blood, and sleep disorders by [e-mail](#) or by calling 301-592-8573.
- US Department of Agriculture (USDA): The *USDA Food Safety and Inspection Service* website is available in Spanish. Users can access recall information, press releases, public health alerts and [Pregúntele a Karen](#), a guide to expert knowledge on handling and storing food safely and preventing food poisoning. https://www.fsis.usda.gov/wps/portal/informational/en-espanol?utm_campaign=fyi_newsletter&utm_medium=email&utm_source=govdelivery

Webinars & Virtual Conferences

2020 NLPA Conferencia- Virtual! (October 29-November 1):

<http://www.nlpaconference.org/>

El Futuro 2020 Latinx Mental Health Conference- Virtual con Wake Forest School of Medicine (October 14-October 15):

<https://northwestahec.wakehealth.edu/courses-and-events/64058/el-futuro-2020-latinx-mental-health-conference>.

Elevating Voices for Long-Lasting Change: A Town Hall Series (National Latino Behavioral Health Association): <http://www.nlbha.org/index.php/news/latest-news/128-elevating-voices-for-long-lasting-change-a-town-hall-series>

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**2020 Academy of Women Achievers Luncheon-
The Westin Copley Place, 10 Huntington Ave,
Boston, MA 02116 (October 29 @ 11:30-2:00pm):**

<https://amplifylatinx.co/upcoming-events/>



¡Conexión 2020 Hispanic Heritage Celebration!

-Virtual (September 15, 2020 @ 6pm- 7:45pm)

<https://www.eventbrite.com/e/conexion-2020-hispanic-heritage-celebration-tickets-118182742765>

