



Master of Arts in Clinical Mental Health Counseling

General Track

Full Time Option (2 years) Recommended Course Sequence

Student Name:

Advisor:

YEAR 1				
Fall				
Course Number	Course Name	Credit Hours	Semester Taken	Grade Earned
CP501	Orientation to the Profession and its Practice	0	Mandatory 3 day orientation	
CX510	Theories of Counseling and Psychotherapy	3		
PS635	Professional Issues and Ethics	3		
CC524	Diversity, Difference and Inclusion	3		
LS659	Lifespan Development	3		
CN501	Clinical Skills and Practicum I	4		
Total Credit Hours		16		
Spring				
Course Number	Course Name	Credit Hours	Semester Taken	Grade Earned
CN520	Psychopathology	3		
PA535	Psychological Assessment for Counselors	3		
GR501	Group Counseling and Psychotherapy	3		
SB515	Substance Abuse Evaluation and Treatment	3		
CN502	Practicum II	3		
Total Credit Hours		15		
Total credits for year 1: 21				

Note: Student must pass the required comprehensive examination in the fall or spring semester before graduation.

YEAR 2				
Summer				
Course Number	Course Name	Credit Hours	Semester Taken	Grade Earned
CD501	Career Counseling	3		
XXXXX	Elective 1	3		
Total Credit Hours		6		
Fall				
Course Number	Course Name	Credit Hours	Semester Taken	Grade Earned
CO500	Consultation, Collaboration and Community Partnerships	3		
RS610	Research and Program Evaluation	3		
XXXXX	Elective 2	3		
CN601	Mental Health Counseling Internship I	4		
Total Credit Hours		13		
Spring				
Course Number	Course Name	Credit Hours	Semester Taken	Grade Earned
FX510	Introduction to Family Therapy	3		
XXXXX	Elective 3	3		
CN602	Mental Health Counseling Internship II	4		
Total Credit Hours		10		
Total credits for year 2: 29				
TOTAL CREDITS FOR PROGRAM: 60				

Note: If the student is registered for a college-wide concentration, those credits are above the degree required credits.

Students in the General Track can choose electives from the Departmental Areas of Emphasis, as long as students meet the pre-requisites for those courses. Additional electives are listed on the last page.

DEPARTMENTAL AREA OF EMPHASES COURSES

COUPLES & FAMILY THERAPY				
Course Number	Course Name	Credit Hours	Semester Taken	Grade Earned
FX630	Collaborative Therapy with Multistressed Families	3		
FX650	Therapy with Couples	3		
FX670	The Contemporary Family	3		
FX690	The Role of Intimacy and Human Sexuality in the Family	3		
Total Credit Hours		12		
EXPRESSIVE ARTS THERAPY				
Course Number	Course Name	Credit Hours	Semester Taken	Grade Earned
ET601	Practical Approaches in Expressive Arts Therapy	3		
ET650	Advanced Expressive Therapies: Theory and Practice	3		
SELECT one of the following 3 credit courses:				
ET630	Introduction to Play Therapy	3 OR		
ET640	Psychodrama and Drama Therapy	3 OR		
ET670	Multicultural Trauma-Sensitive Expressive Arts Therapy	3		
Total Credit Hours		9		
FORENSIC & CORRECTIONAL COUNSELING				
Course Number	Course Name	Credit Hours	Semester Taken	Grade Earned
MH531	Mental Health and Counseling in the Legal System	3		
FS611	Criminal Behavior	3		
SELECT one of the following 3 credit courses:				
TR602	Trauma, Theory and Treatment	3 OR		
FS501	Sex Offender Evaluation and Treatment	3		
Total Credit Hours		9		
HEALTH & BEHAVIORAL MEDICINE				
Course Number	Course Name	Credit Hours	Semester Taken	Grade Earned
PC521	Introduction to Counseling in Medical Settings	3		
PC611	Behavioral Medical Interventions	3		
PC620	Topics in Public Health: Epidemiology, Health Disparities, Program Design and Evaluation	3		
Total Credit Hours		9		

Note: All areas of emphases requirements except the CFT are within the required 60 credits for the counseling degree. The CFT area of emphasis augments the required credits to 63 credits. Emphases areas following a different course sequence. Please refer to sequence for area of interest.

In addition, there are college-wide concentrations that require credits above the degree required credits.

OTHER ELECTIVES

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Course Number	Course Name	Credit Hours	Semester Taken	Grade Earned
PR624	Capstone Project Seminar	3		
HU535	Spiritually-Oriented Psychotherapy	3		
SB631	Eating Disorders	3		