



Master of Arts in Clinical Mental Health Counseling

General Track

Part Time Option (2.5 years) Recommended Course Sequence **January Start**

Student Name:

Advisor:

| YEAR 0.5 | | | | |
|------------------------------|--|--------------|-----------------------------|--------------|
| Spring | | | | |
| Course Number | Course Name | Credit Hours | Semester Taken | Grade Earned |
| CP501 | Orientation to the Profession and its Practice | 0 | Mandatory 3 day orientation | |
| PS635 | Professional Issues and Ethics | 3 | | |
| CC524 | Diversity, Difference and Inclusion | 3 | | |
| Total Credit Hours | | 6 | | |
| YEAR 1 | | | | |
| Fall | | | | |
| Course Number | Course Name | Credit Hours | Semester Taken | Grade Earned |
| CX510 | Theories of Counseling and Psychotherapy | 3 | | |
| CC524 | Diversity, Difference and Inclusion | 3 | | |
| LS659 | Lifespan Development | 3 | | |
| CN501 | Clinical Skills and Practicum I | 4 | | |
| Total Credit Hours | | 13 | | |
| Spring | | | | |
| Course Number | Course Name | Credit Hours | Semester Taken | Grade Earned |
| PA535 | Psychological Assessment for Counselors | 3 | | |
| GR501 | Group Counseling and Psychotherapy | 3 | | |
| SB515 | Substance Abuse Evaluation and Treatment | 3 | | |
| CN502 | Practicum II | 3 | | |
| Total Credit Hours | | 12 | | |
| Total credits for year 1: 37 | | | | |

| YEAR 2 | | | | |
|-------------------------------|--|--------------|----------------|--------------|
| Summer | | | | |
| Course Number | Course Name | Credit Hours | Semester Taken | Grade Earned |
| CD501 | Career Counseling | 3 | | |
| XXXXX | Elective 1 | 3 | | |
| Total Credit Hours | | 6 | | |
| Fall | | | | |
| Course Number | Course Name | Credit Hours | Semester Taken | Grade Earned |
| CO500 | Consultation, Collaboration and Community Partnerships | 3 | | |
| RS610 | Research and Program Evaluation | 3 | | |
| XXXXX | Elective 2 | 3 | | |
| CN601 | Mental Health Counseling Internship I | 4 | | |
| Total Credit Hours | | 13 | | |
| Spring | | | | |
| Course Number | Course Name | Credit Hours | Semester Taken | Grade Earned |
| FX510 | Introduction to Family Therapy | 3 | | |
| XXXXX | Elective 3 | 3 | | |
| CN602 | Mental Health Counseling Internship II | 4 | | |
| Total Credit Hours | | 10 | | |
| Total credits for year 2: 23 | | | | |
| TOTAL CREDITS FOR PROGRAM: 60 | | | | |

Note: Student must pass the required comprehensive examination in the fall or spring semester before graduation.

Note: If the student is registered for a college-wide concentration, those credits are above the degree required credits.

If the student selects one of the following areas of emphasis, the sequence will be modified to accommodate for the specific requirements of that selection.

DEPARTMENTAL AREA OF EMPHASES COURSES

| COUPLES & FAMILY THERAPY | | | | |
|--|--|--------------|----------------|--------------|
| Course Number | Course Name | Credit Hours | Semester Taken | Grade Earned |
| FX635 | Advanced Family Therapy | 3 | | |
| FX650 | Therapy with Couples | 3 | | |
| FX670 | The Contemporary Family | 3 | | |
| FX690 | The Role of Intimacy and Human Sexuality in the Family | 3 | | |
| Total Credit Hours | | 12 | | |
| EXPRESSIVE ARTS THERAPY | | | | |
| Course Number | Course Name | Credit Hours | Semester Taken | Grade Earned |
| ET601 | Practical Approaches in Expressive Arts Therapy | 3 | | |
| ET650 | Advanced Expressive Therapies: Theory and Practice | 3 | | |
| SELECT one of the following 3 credit courses: | | | | |
| ET630 | Introduction to Play Therapy | 3 OR | | |
| ET640 | Psychodrama and Drama Therapy | 3 OR | | |
| ET670 | Multicultural Trauma-Sensitive Expressive Arts Therapy | 3 | | |
| Total Credit Hours | | 9 | | |
| FORENSIC & CORRECTIONAL COUNSELING | | | | |
| Course Number | Course Name | Credit Hours | Semester Taken | Grade Earned |
| MH531 | Mental Health and Counseling in the Legal System | 3 | | |
| FS611 | Criminal Behavior | 3 | | |
| SELECT one of the following 3 credit courses: | | | | |
| TR602 | Trauma, Theory and Treatment | 3 OR | | |
| FS501 | Sex Offender Evaluation and Treatment | 3 | | |
| Total Credit Hours | | 9 | | |
| HEALTH & BEHAVIORAL MEDICINE | | | | |
| Course Number | Course Name | Credit Hours | Semester Taken | Grade Earned |
| PC521 | Introduction to Counseling in Medical Settings | 3 | | |
| PC611 | Behavioral Medical Interventions | 3 | | |
| PC620 | Topics in Public Health: Epidemiology, Health Disparities, Program Design and Evaluation | 3 | | |
| Total Credit Hours | | 9 | | |

Note: All areas of emphases requirements except the CFT are within the required 60 credits for the counseling degree. The CFT area of emphasis augments the required credits to 63 credits. Emphases areas following a different course sequence. Please refer to sequence for area of interest.

In addition, there are college-wide concentrations that require credits above the degree required credits.

Students in the General Track can choose electives from the Departmental Areas of Emphasis, as long as students meet the pre-requisites for those courses, or from additional electives listed below.

OTHER ELECTIVES

| OTHER ELECTIVES | | | | |
|-----------------|------------------------------------|--------------|----------------|--------------|
| Course Number | Course Name | Credit Hours | Semester Taken | Grade Earned |
| PR624 | Capstone Project Seminar | 3 | | |
| HU535 | Spiritually-Oriented Psychotherapy | 3 | | |
| SB631 | Eating Disorders | 3 | | |