



Master of Arts in Clinical Mental Health Counseling

Area of Emphasis – General Track

Part Time Option (3 years) Recommended Course Sequence

Student Name:

Advisor:

| YEAR 1 | | | | |
|-------------------------------------|--|--------------|-----------------------------|--------------|
| Fall | | | | |
| Course Number | Course Name | Credit Hours | Semester Taken | Grade Earned |
| CP501 | Orientation to the Profession and its Practice | 0 | Mandatory 3 day orientation | |
| CX510 | Theories of Counseling and Psychotherapy | 3 | | |
| PS635 | Professional Issues and Ethics | 3 | | |
| CC524 | Diversity, Difference and Inclusion | 3 | | |
| LS659 | Lifespan Development | 3 | | |
| Total Credit Hours | | 12 | | |
| Spring | | | | |
| Course Number | Course Name | Credit Hours | Semester Taken | Grade Earned |
| CN520 | Psychopathology | 3 | | |
| PA535 | Psychological Assessment for Counselors | 3 | | |
| GR501 | Group Counseling and Psychotherapy | 3 | | |
| SB515 | Substance Abuse Evaluation and Treatment | 3 | | |
| Total Credit Hours | | 12 | | |
| Total credits for year 1: 24 | | | | |

| YEAR 2 | | | | |
|-------------------------------------|--|--------------|----------------|--------------|
| Summer | | | | |
| Course Number | Course Name | Credit Hours | Semester Taken | Grade Earned |
| FX510 | Introduction to Family Therapy | 3 | | |
| CD501 | Career Counseling | 3 | | |
| Total Credit Hours | | 6 | | |
| Fall | | | | |
| Course Number | Course Name | Credit Hours | Semester Taken | Grade Earned |
| XXXXX | Elective 1 | 3 | | |
| CN501 | Clinical Skills and Practicum I | 4 | | |
| Total Credit Hours | | 7 | | |
| Spring | | | | |
| Course Number | Course Name | Credit Hours | Semester Taken | Grade Earned |
| XXXXX | Elective 2 | 3 | | |
| CO500 | Consultation, Collaboration and Community Partnerships | 3 | | |
| CN502 | Practicum II | 3 | | |
| Total Credit Hours | | 9 | | |
| Total credits for year 2: 22 | | | | |

Note: Student must pass the required comprehensive examination in the fall or spring semester before graduation.

| YEAR 3 | | | | |
|--------------------------------------|--|--------------|----------------|--------------|
| Fall | | | | |
| Course Number | Course Name | Credit Hours | Semester Taken | Grade Earned |
| RS610 | Research and Program Evaluation | 3 | | |
| CN601 | Mental Health Counseling Internship I | 4 | | |
| Total Credit Hours | | 7 | | |
| Spring | | | | |
| Course Number | Course Name | Credit Hours | Semester Taken | Grade Earned |
| XXXXX | Elective 3 | 3 | | |
| CN602 | Mental Health Counseling Internship II | 4 | | |
| Total Credit Hours | | 7 | | |
| Total credits for year 2: 14 | | | | |
| TOTAL CREDITS FOR PROGRAM: 60 | | | | |

Note: If the student is registered for a college-wide concentration, those credits are above the degree required credits.

Students in the General Track can choose electives from the Departmental Areas of Emphasis, as long as students meet the pre-requisites for those courses. Additional electives are listed on the last page.

DEPARTMENTAL AREA OF EMPHASES COURSES

| COUPLES & FAMILY THERAPY | | | | |
|--|--|--------------|----------------|--------------|
| Course Number | Course Name | Credit Hours | Semester Taken | Grade Earned |
| FX630 | Collaborative Therapy with Multistressed Families | 3 | | |
| FX650 | Therapy with Couples | 3 | | |
| FX670 | The Contemporary Family | 3 | | |
| FX690 | The Role of Intimacy and Human Sexuality in the Family | 3 | | |
| Total Credit Hours | | 12 | | |
| EXPRESSIVE ARTS THERAPY | | | | |
| Course Number | Course Name | Credit Hours | Semester Taken | Grade Earned |
| ET601 | Practical Approaches in Expressive Arts Therapy | 3 | | |
| ET650 | Advanced Expressive Therapies: Theory and Practice | 3 | | |
| SELECT one of the following 3 credit courses: | | | | |
| ET630 | Introduction to Play Therapy | 3 OR | | |
| ET640 | Psychodrama and Drama Therapy | 3 OR | | |
| ET670 | Multicultural Trauma-Sensitive Expressive Arts Therapy | 3 | | |
| Total Credit Hours | | 9 | | |

| FORENSIC & CORRECTIONAL COUNSELING | | | | |
|--|--|--------------|----------------|--------------|
| Course Number | Course Name | Credit Hours | Semester Taken | Grade Earned |
| MH531 | Mental Health and Counseling in the Legal System | 3 | | |
| FS611 | Criminal Behavior | 3 | | |
| SELECT one of the following 3 credit courses: | | | | |
| TR602 | Trauma, Theory and Treatment | 3 OR | | |
| FS501 | Sex Offender Evaluation and Treatment | 3 | | |
| Total Credit Hours | | 9 | | |
| HEALTH & BEHAVIORAL MEDICINE | | | | |
| Course Number | Course Name | Credit Hours | Semester Taken | Grade Earned |
| PC521 | Introduction to Counseling in Medical Settings | 3 | | |
| PC611 | Behavioral Medical Interventions | 3 | | |
| PC620 | Topics in Public Health: Epidemiology, Health Disparities, Program Design and Evaluation | 3 | | |
| Total Credit Hours | | 9 | | |

Note: All areas of emphases requirements except the CFT are within the required 60 credits for the counseling degree. The CFT area of emphasis augments the required credits to 63 credits. Emphases areas following a different course sequence. Please refer to sequence for area of interest.

In addition, there are college-wide concentrations that require credits above the degree required credits.

OTHER ELECTIVES

| OTHER ELECTIVES | | | | |
|-----------------|------------------------------------|--------------|----------------|--------------|
| Course Number | Course Name | Credit Hours | Semester Taken | Grade Earned |
| PR624 | Capstone Project Seminar | 3 | | |
| HU535 | Spiritually-Oriented Psychotherapy | 3 | | |
| SB631 | Eating Disorders | 3 | | |