



**WILLIAM JAMES  
COLLEGE**



**M.A. IN CLINICAL MENTAL  
HEALTH COUNSELING  
(CMHC)  
2015-2016 ANNUAL REPORT**

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# Introduction

The Annual Report is an overview of the annual programmatic findings for the Clinical Mental Health Counseling (CMHC) program at William James College.

## Philosophy

Graduate training in Counseling at William James College is grounded in an integrative philosophy of training and education, with ongoing application of classroom instruction in structured, closely supervised field experiences. Underlying this approach to professional training is a sustained focus on the development of the personal and professional self, an orientation towards community service, and respect for colleagues and clients.

## Program Objectives

1. Demonstrate understanding of the current knowledge and projected needs, as well as the skills, attitudes and values that uniquely embody clinical mental health counselors in eight core areas:
  - a. Professional counseling orientation and ethical practice
  - b. Social and cultural diversity
  - c. Human growth and development
  - d. Career development
  - e. Counseling and helping relationships
  - f. Group counseling and group work
  - g. Assessment and testing
  - h. Research and program evaluation
2. Apply theories and methods derived from the mental health counseling field to the assessment, prevention and treatment of mental health conditions.
3. Obtain knowledge and demonstrate the ability to critically examine the interaction between sociocultural variables and mental health and illness, including how counselors' own backgrounds and biases can impact their capacity to provide respectful, competent, and effective services.
4. Demonstrate the requisite knowledge to become licensed to practice as mental health counselors within the behavioral healthcare workforce.

DEPARTMENT CORE COMPETENCY AREA	CORRESPONDING CACREP CORE AREA
Ethics and Professional Development	Professional counseling orientation and ethical practice
Development of Leadership Skills	Professional counseling orientation and ethical practice
Research and Evaluation	Research and program evaluation
Assessment and Diagnosis	Assessment and testing Human growth and development
Counseling, Prevention and Intervention	Career development Group counseling and group work Professional counseling orientation and ethical practice
Cultural Competence	Social and cultural diversity
Consultation, Collaboration and Advocacy	Counseling and helping relationships Professional counseling orientation and ethical practice

## Chair's Message

Our training model is grounded in the three core values of William James College: experiential education, social responsibility, and personal growth. You will find that our programs offer an excellent interweaving of theoretical and practical knowledge and experience, with ongoing application of classroom learning in well-supervised field experiences. We have a sustained focus on the development of the professional self and an orientation to community service, guided by an excellent faculty.

Our programs will prepare you for the pre-master's licensure requirements as a mental health counselor (LMHC) in Massachusetts. For licensure requirements in other states, please contact the respective state licensure board. A list of the state boards can be found at <http://www.nbcc.org/directory>.

Our curriculum and faculty provide future mental health counselors with the strongest foundation for a fulfilling career. We are proud to offer an exceptional, rigorous training in a warm and supportive environment that will reward our students throughout life.

Nilda M. Laboy, PsyD.  
Associate Professor  
Chair, Counseling Department

# Recruitment Overview

## PROGRAM RECRUITMENT

The Counseling Department began the Clinical Mental Health Counseling program in 2014, when the department restructured the Counseling program and created one program that encapsulates the various specialty tracks under one specialty area of Clinical Mental Health Counseling. There were 142 students transferred from the M.A. in Counseling Psychology program to the Clinical Mental Health Counseling (CMHC) program.

# Student Overview

## STUDENT ENROLLMENT

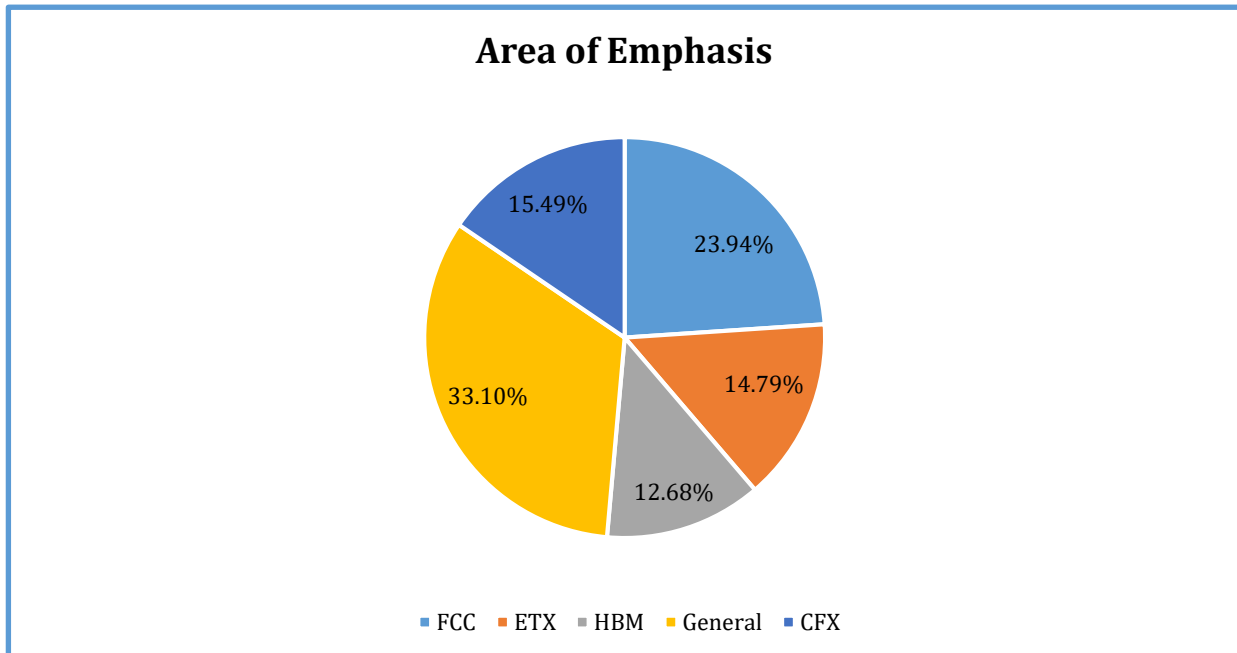
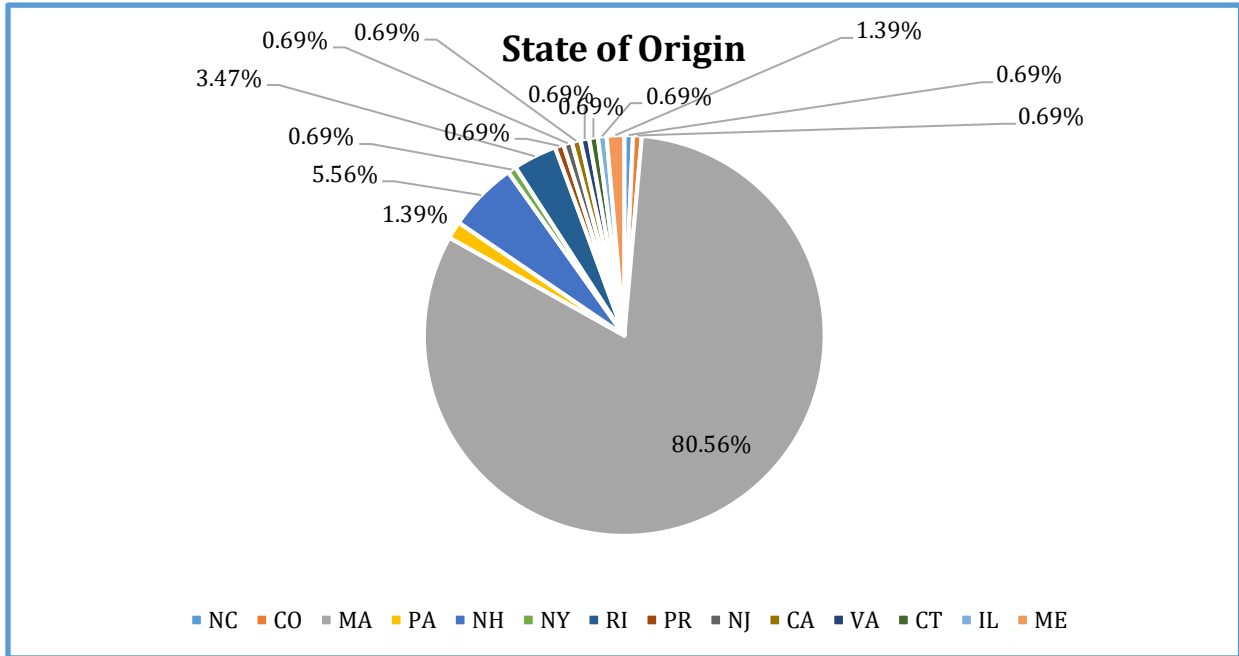
Total enrollment in the Counseling Department was 154. Of the 154 students, 142 were enrolled in the Clinical Mental Health Counseling (CMHC) program, while 12 remained enrolled in the Counseling Psychology program.

## GRADUATE DEGREES CONFERRED

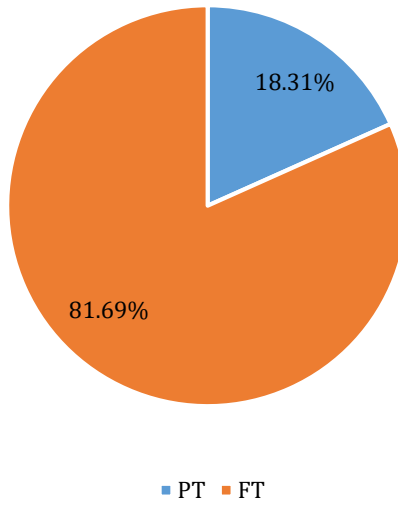
A total of 69 degrees were granted from the Counseling Department in June of 2016. Among these 69 students, 58 students earned CMHC degrees, and 11 earned Counseling Psychology degrees. The 58 students who graduated from the CMHC program in June of 2016 were amongst the first graduating class for the program.

## STUDENT DEMOGRAPHICS

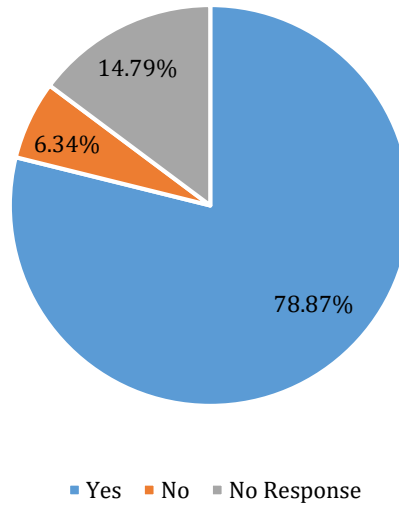
### STUDENT ENROLLMENT FALL 2015

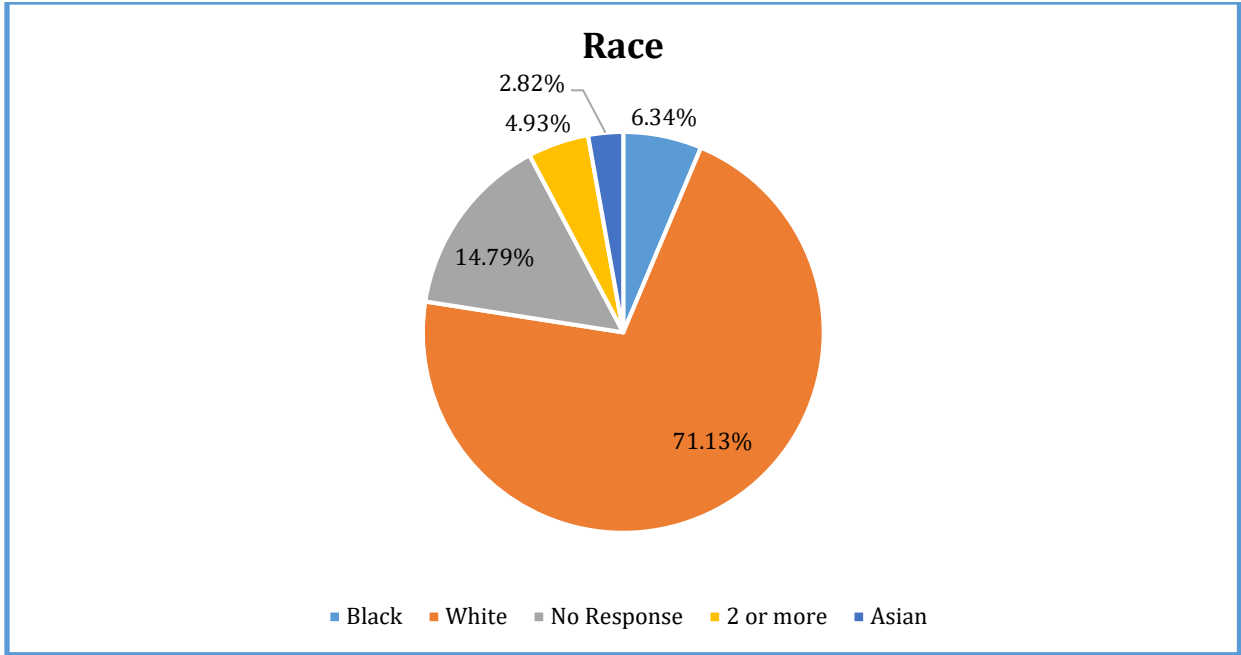


### Student Type



### US Citizens

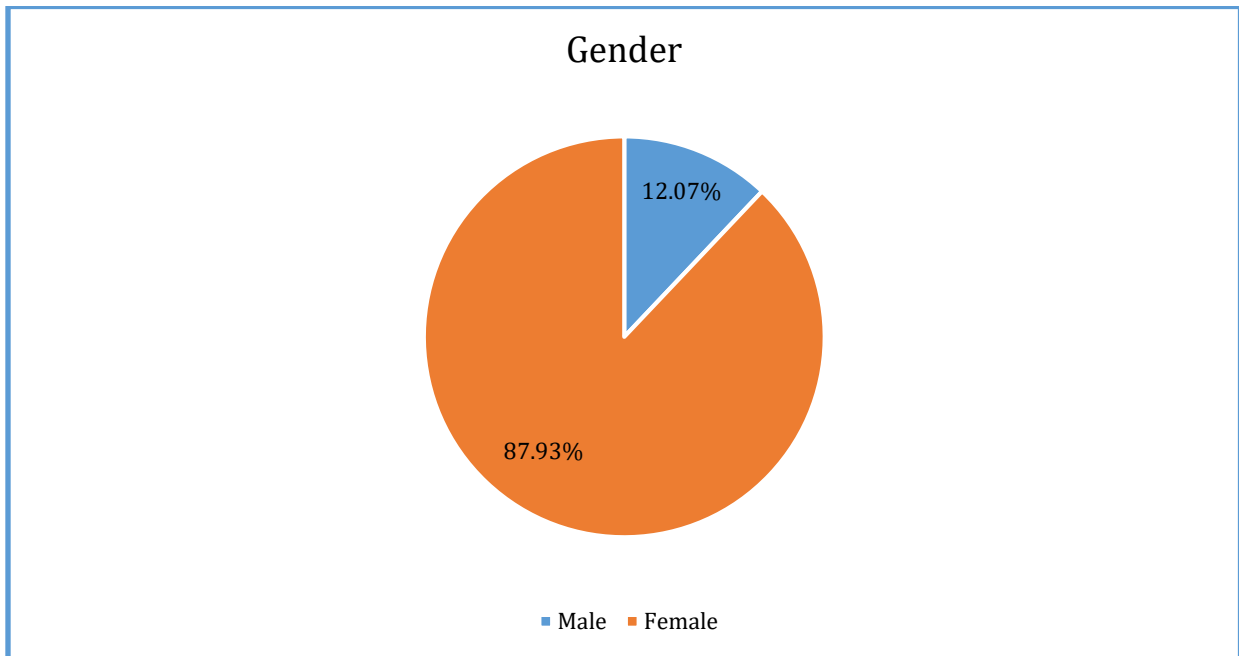
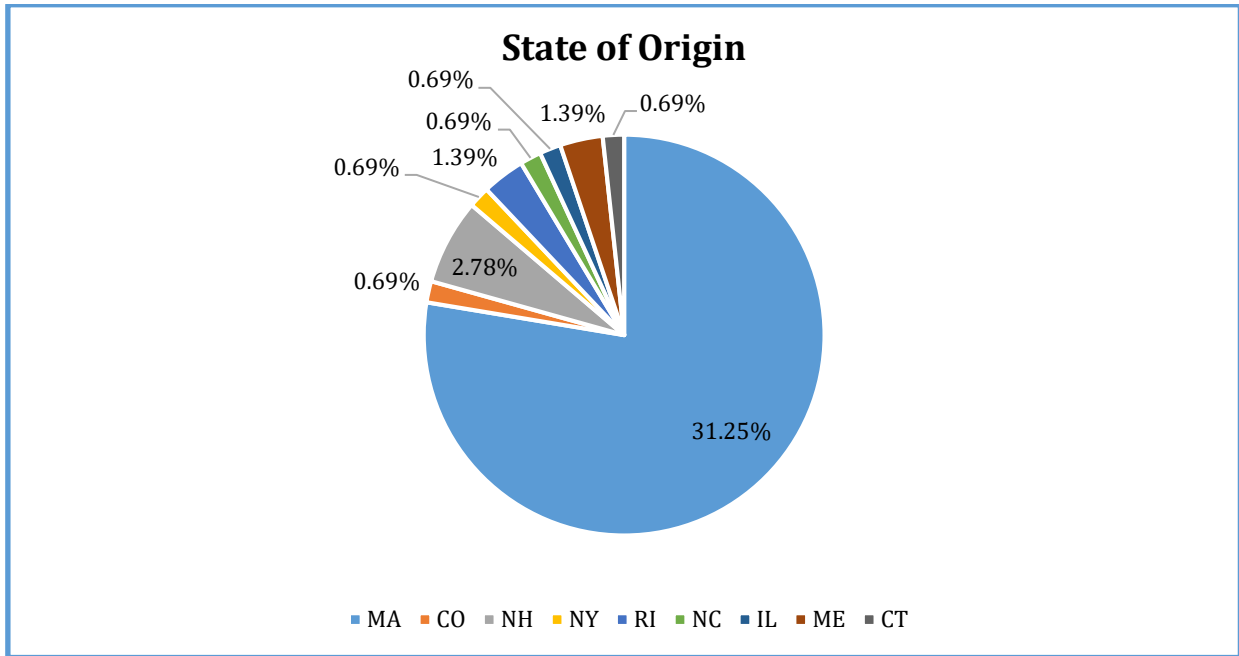




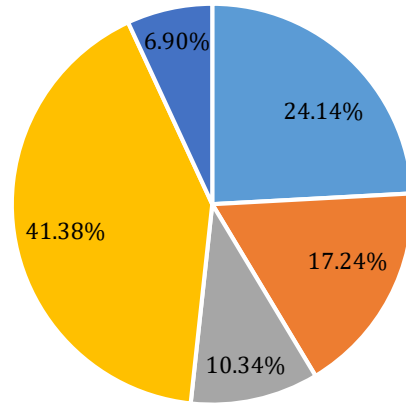


GRADUATES 2016

\*included in the student enrollment for the fall 2015 semester

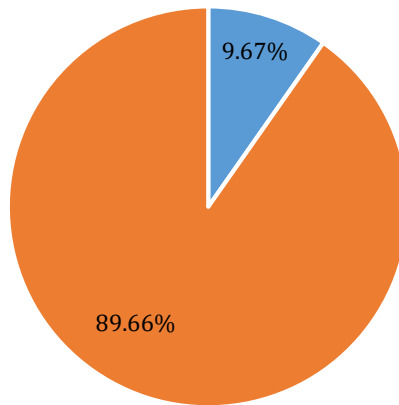


### Area of Emphasis



■ FCC ■ ETX ■ HBM ■ General ■ CFX

### Student Type



■ Part-time ■ Fulltime

## Faculty & Staff

### Chair

**Nilda M. Laboy, PsyD**

### Faculty Members

#### Core

**Yousef AlAjarma, PhD**

**Ricardo Bianco, PsyD**

**Kaitlyn Peretti, PsyD**

**Jessica Stahl, PhD**

**Allyson Cherkasky, PhD**

**Sara Orozco, PhD**

**Susan Powell, PhD**

**Richard Reilly, PhD**

#### Non-Core

**Mari Carmen Bennasar, PsyD**

**Paola Michelle Contreras, PsyD**

**Tracy Fass, JD, PhD**

**Jacqueline Gagliardi, MEd, CAGS, LMFT**

**David Haddad, EdD**

**Michelle Harris, MA, LMHC, ATR-BC**

### Adjunct Faculty Members

**Brooke Berard, PsyD**

**Shawn E. Channell, PhD, ABPP**

**Mary Clair-Michaud, PhD**

**Ronald Cobb, PhD**

**Natalie Cort, PhD**

**Dorian Crawford, PsyD**

**Miriam Kissin, PsyD**

**H. John McDargh, PhD**

**Monica Roizner, EdD**

**Chad E. Tillbrook, PhD**

### Staff

**Maura Kiley – Department Coordinator**

**Jeffrey Napolitano, Ph.D. – Associate Director of Field Education**

# CMHC PROGRAM 2015-2016 ANNUAL REPORT

## Alumni Data

The program began in 2014, when the Counseling program restructured and aggregated specialty tracks under one programmatic umbrella. Therefore, there is no alumni data to report at this time.

## Other Data

### PROGRAM COSTS

Description	2015-2016 1st Year Cohort Cost
Tuition for full-time students (in-state)	\$29,750
Tuition for full-time students (out-of-state)	\$29,750
Tuition per credit hour for part-time students (if applicable)	\$1,190
University/institution fees or costs	\$940
Additional estimated fees or costs to students (e.g. books, travel, etc.)	\$3,500

### PROGRAM EVALUATION

All students were evaluated each semester using the *Professional Counseling Performance Evaluation (PCPE)*, and through formal *Assessment & Planning Meetings*. Their Field Supervisor and Faculty Supervisor, using the Field Supervisor Evaluation of Practicum/Internship Student, along with the classroom performance during the seminar/group supervision, evaluated students in the field in the fall and spring semesters. The CMHC program had a completion rate of 96.5%, with 58 students who successfully completed the program.

### LOOKING AHEAD

We are continuing to review and update our program using input from students, alumni, faculty, field supervisors and employers.

### TAKEAWAYS

The CMHC program was created to transition from Counseling Psychology to Clinical Mental Health Counseling in order to solidify the identity of our students and graduates as counselors. The program will continue to focus on: 1) Enhancing the brand, and 2) Investing in the diversity of Clinical Mental Health Counseling professionals.

## Administration

Jeffrey Napolitano, Ph.D,  
*Associate Director for Field Education*

Yousef AlAjarma, PhD,  
*Area of Emphasis Director, Expressive Arts Therapy*

Ricardo Bianco, PsyD,  
*Area of Emphasis Director, Health and Behavioral Medicine*

Jacqueline Gagliardi, MEd, CAGS, LMFT,  
*Area of Emphasis Director, Couples and Family Therapy*

David Haddad, EdD,  
*Director, Behavioral Health Initiative; Counseling Coordinator, Military and Veterans Psychology*

Nilda M. Laboy, PsyD,  
*Chair & Associate Professor*

Kaitlyn Peretti, PsyD,  
*Area of Emphasis Director, Forensic and Correctional Counseling*

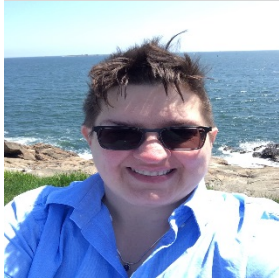
Jessica Stahl, PhD,  
*General Track Director*

Maura Kiley  
*Department Coordinator*

# CMHC PROGRAM 2015-2016 ANNUAL REPORT

## Contact Information

NILDA M. LABOY, PSYD  
CHAIR & ASSOCIATE PROFESSOR



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Nilda\_Laboy@williamjames.edu

MAURA KILEY  
DEPARTMENT COORDINATOR



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Maura\_kiley@williamjames.edu

## Program Information

**CMHC Program**

**William James College**

**One Wells Avenue**

**Newton, MA 02459**

**Tel 617.327.6777**

**Fax 617.477.2047**

<http://www.williamjames.edu/academics/counseling/index.cfm>