



COMPREHENSIVE BEHAVIORAL HEALTH MODEL IN THE BOSTON PUBLIC SCHOOLS

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BPS AT A GLANCE



125 schools

54,300 students

Student Enrollment

- 42% Hispanic
- 34% Black
- 14% White
- 9% Asian
- 1% Other
- 45% First Language not English
- 32% English Language Learners
- 21% Students with Special Education

ADDRESSING MENTAL HEALTH

NEEDS

vs.

CAPACITY

- × **1** in **5** children in Boston have experienced 2 or more ACEs.
- × **75%** of BPS stakeholders indicated that a lack of social skills and self-regulation had the greatest impact on student learning (Boston, 2010)

- **60** School psychologists (1:905)
- **8** Social workers (1:6,675)
- Community behavioral health partners

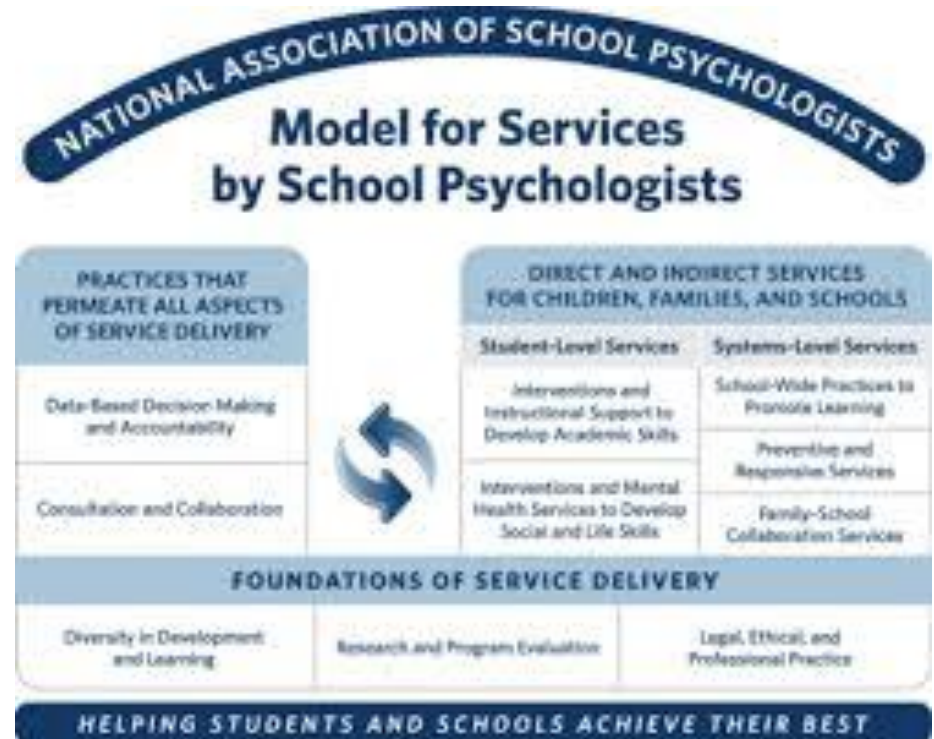
TRADITIONAL ROLE

VS.

EXPANDED ROLE

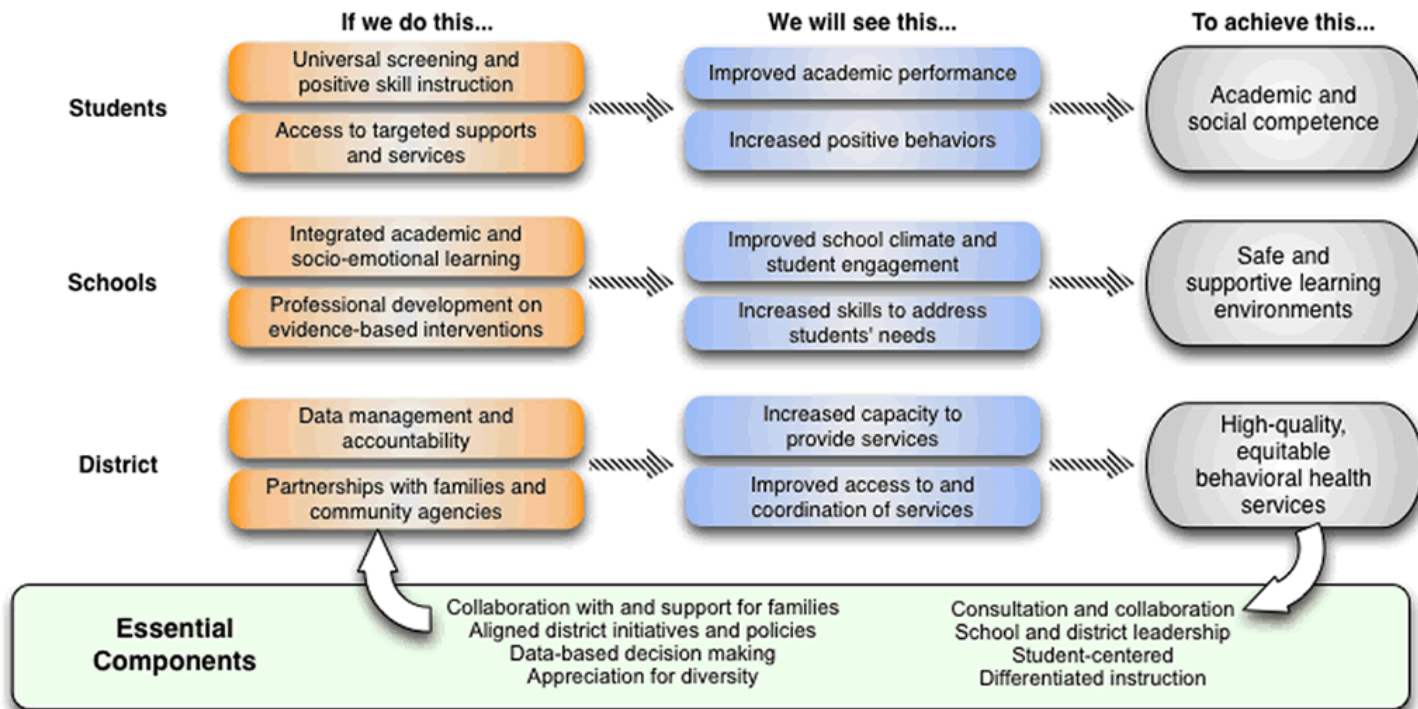
Tier 3 Services:

- × Psychoeducational Assessment
- × Crisis intervention
- × Individual counseling
- × Consultation



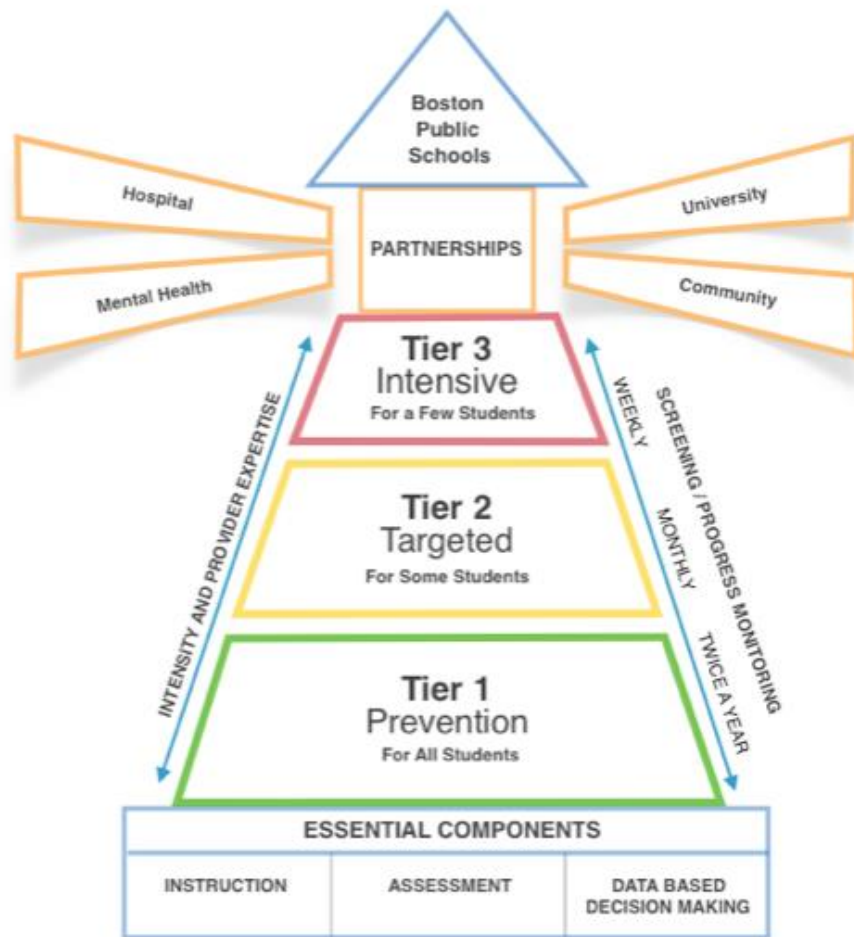
BPS Comprehensive Behavioral Health Model

Mission: Ensuring that all students have a safe and supportive school where they can be successful



Guided by Massachusetts Department of Elementary and Secondary Education's Behavioral Health Framework

Theory of Change: Integrating behavioral health services into schools will create safe and supportive learning environments that optimize academic outcomes for all students.



2010-2019



BHS

CBHM implementation began by building capacity and expertise among BHS Staff

Schools

BHS Staff with expertise in MTSS and Behavioral Health supported the adoption and implementation of MTSS frameworks within schools

Students

BPS Students, Families and Communities benefit from a broad range of academic and behavioral supports, provided within a MTSS framework

CBHM COACHING MODEL

DISTRICT

SCHOOL



External Coach



Internal Coach



School Leader



Teams



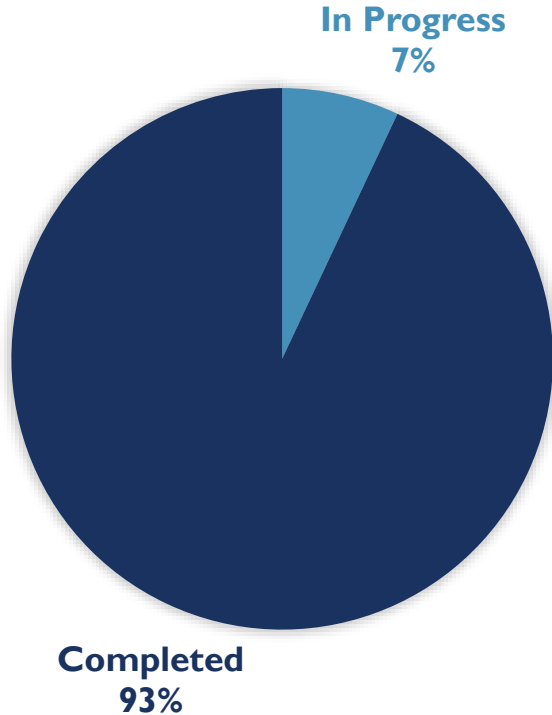
CBHM IN SCHOOLS

	WHAT	WHY	HOW
INSTRUCTION	<ul style="list-style-type: none">School Wide Positive Behavioral Interventions and Supports (SWPBIS)	Students need to know behavioral expectations throughout the school building in order to be successful in the school environment	Organize the school environment to prevent problem behaviors and reinforce positive behaviors
	<ul style="list-style-type: none">Social Emotional Learning (SEL) Curricula	Students need social and emotional skills to successfully navigate interactions with peers and adults	Instruction in fundamental social skills, such as empathy, relationship building, and conflict management
ASSESSMENT	<ul style="list-style-type: none">Universal Screening	Schools need universal data from all students to understand the strengths of instructional programming, as well as areas of need.	Collect objective information that can be used to guide instruction at multiple levels (e.g. school, grade, class, and individual student)
DATA BASED DECISION MAKING	<ul style="list-style-type: none">Problem Solving Teams & Data Based Decision Making	School teams need to understand how to use universal assessment data to make systemic decisions about instruction	School teams are effectively organized to promote efficient data-based decision making.

CAPACITY BUILDING



IMPROVED SYSTEMS FOR KIDS



19,885

K2-12th Students Screened

THE BIMAS-2 INCLUDES FIVE SCALES:

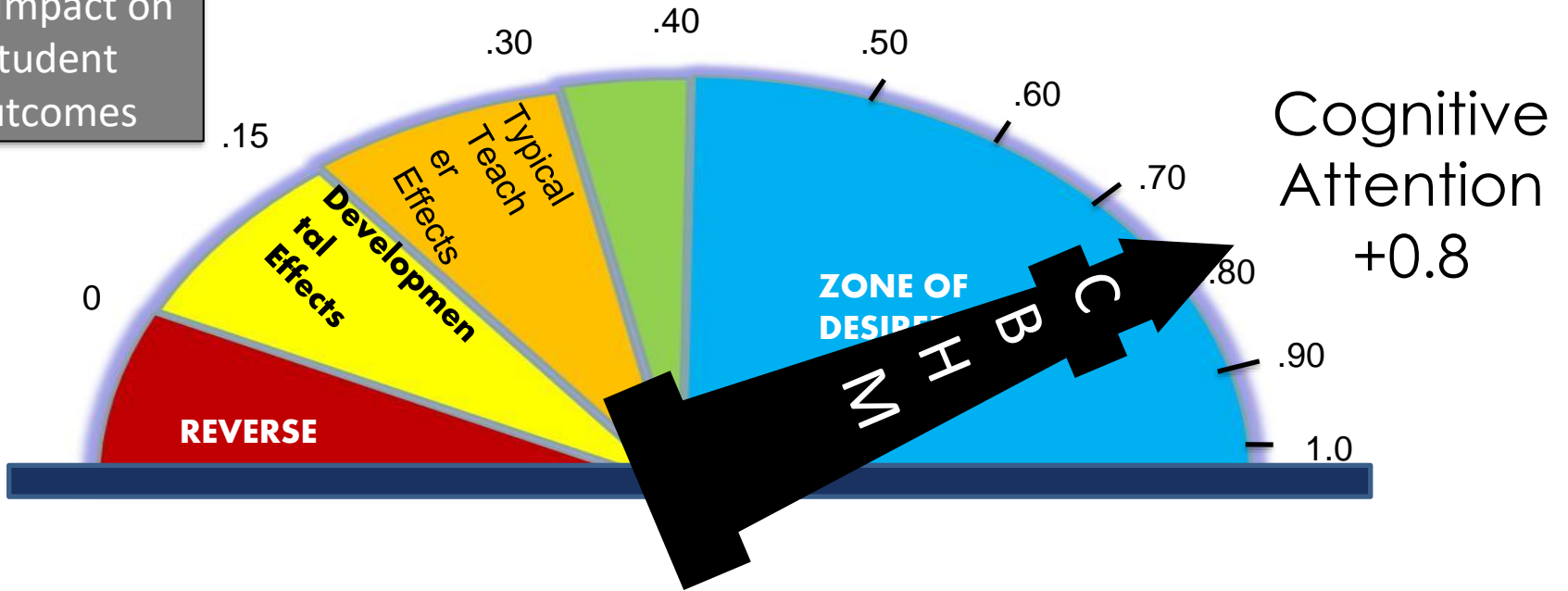
CONCERN
SCALES
(Identify Risk)

ADAPTIVE
SCALES
(Strengths)

BIMAS-2 Scale	Measures...
Conduct	Anger management, bullying behaviors, substance abuse
Negative Affect	Anxiety, depression
Cognitive/Attention	Attention, focus, organization, planning, memory
Social	Friendship maintenance, communication
Academic Functioning	Academic performance, attendance, ability to follow directions

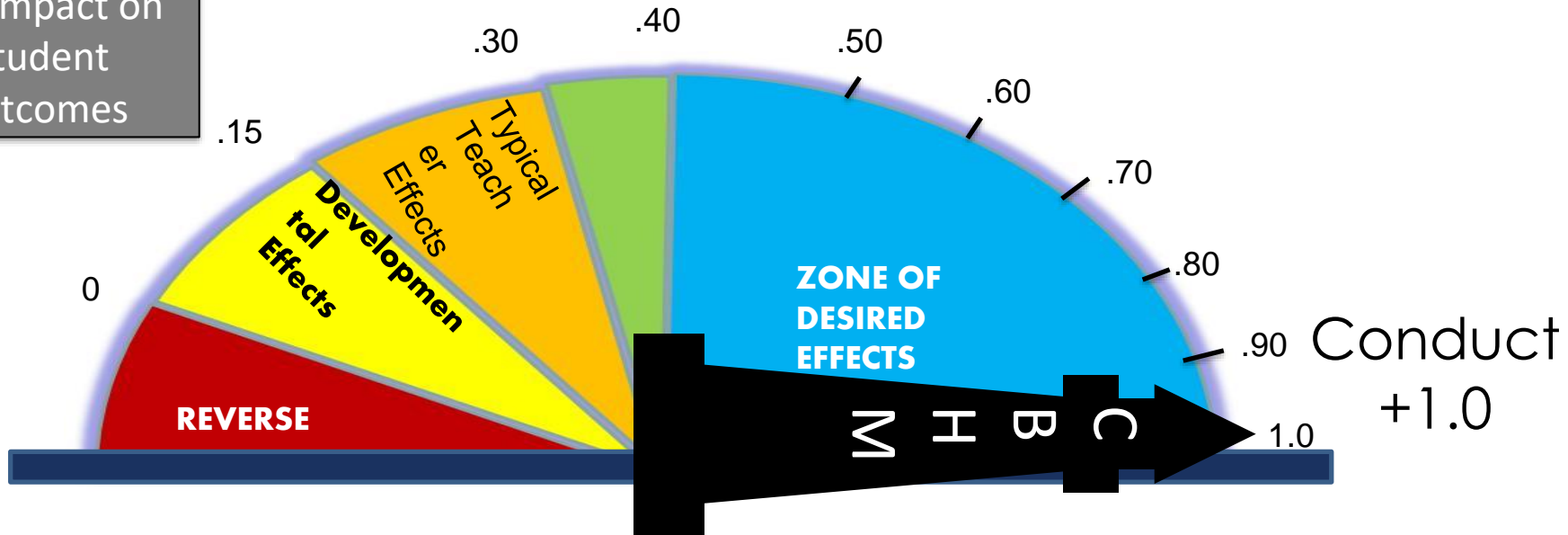
Effect Size refers to the magnitude of the impact on student outcomes

Effect Sizes: CBHM



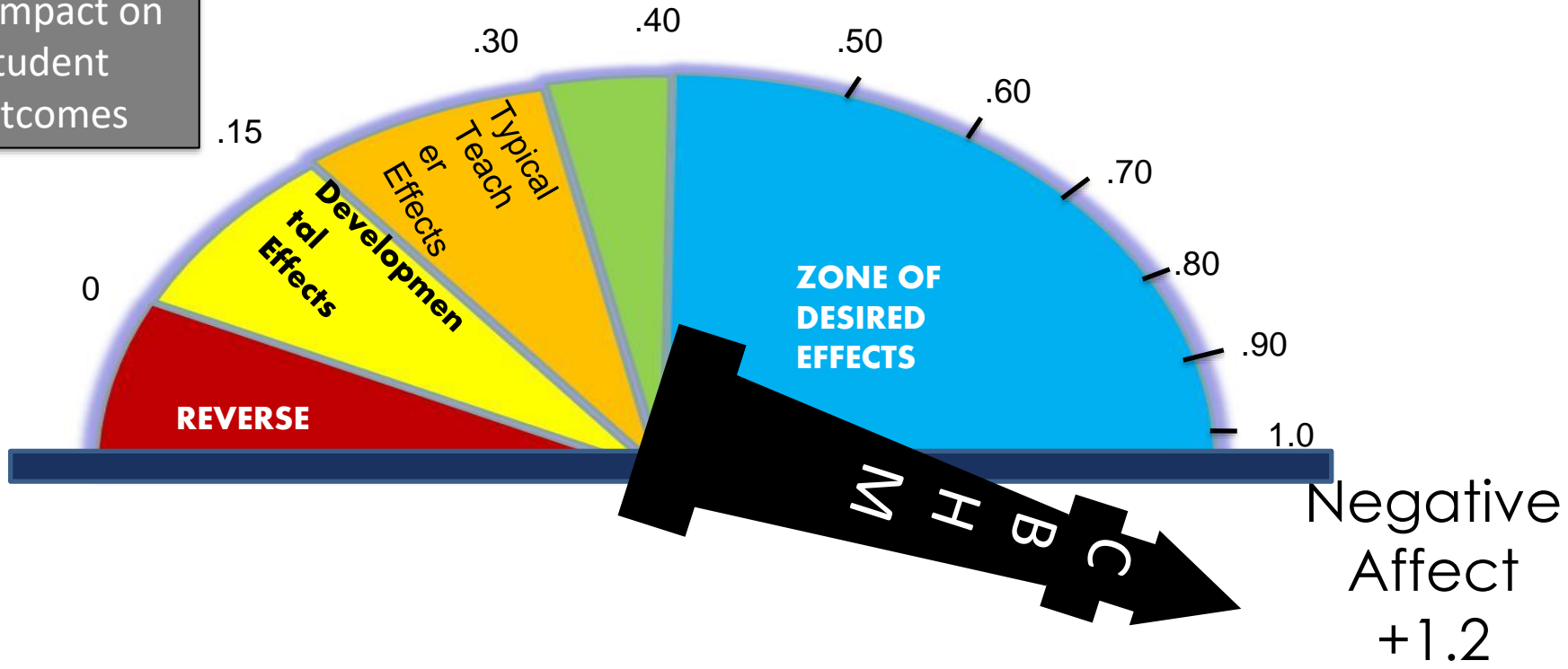
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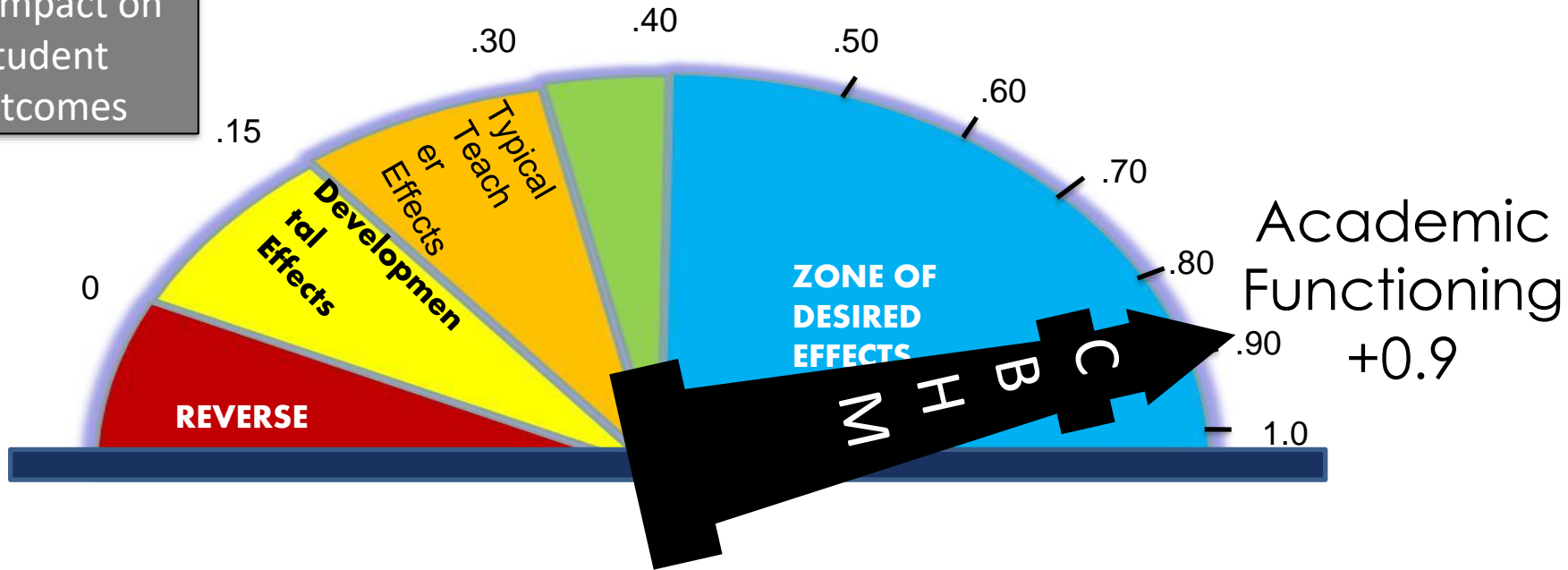
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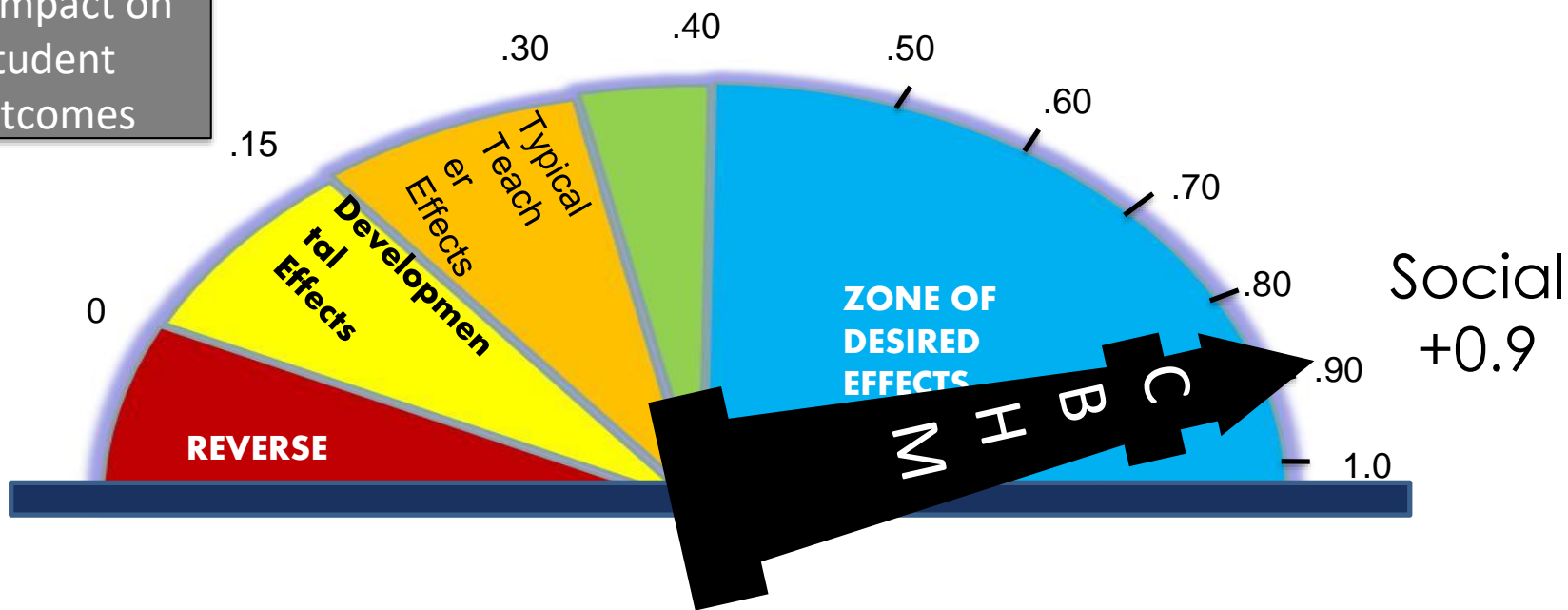
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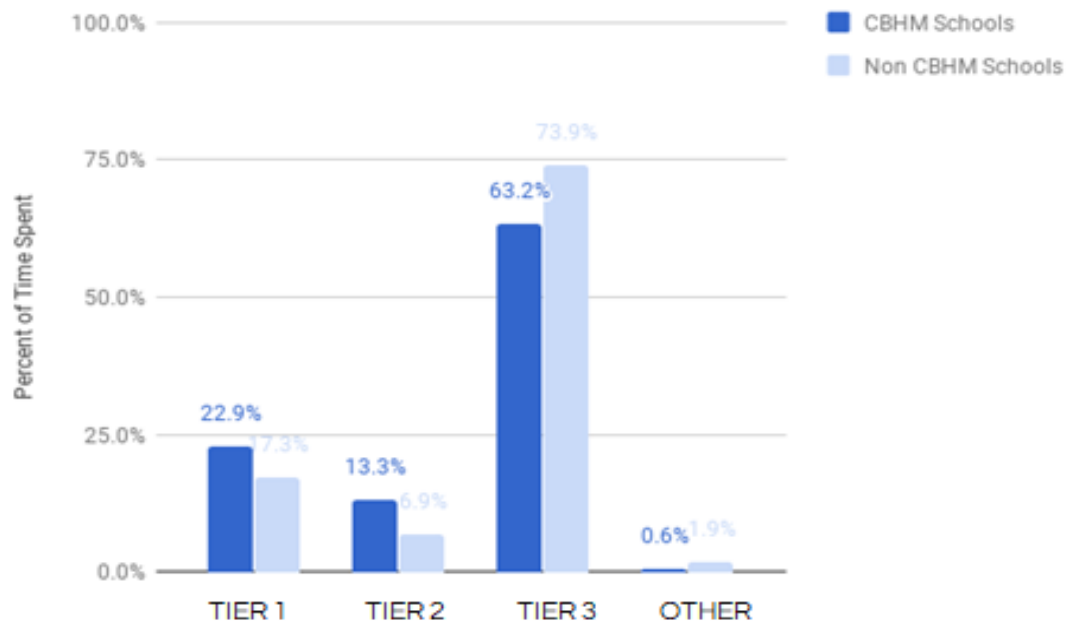


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CHANGES IN ADULT BEHAVIORS

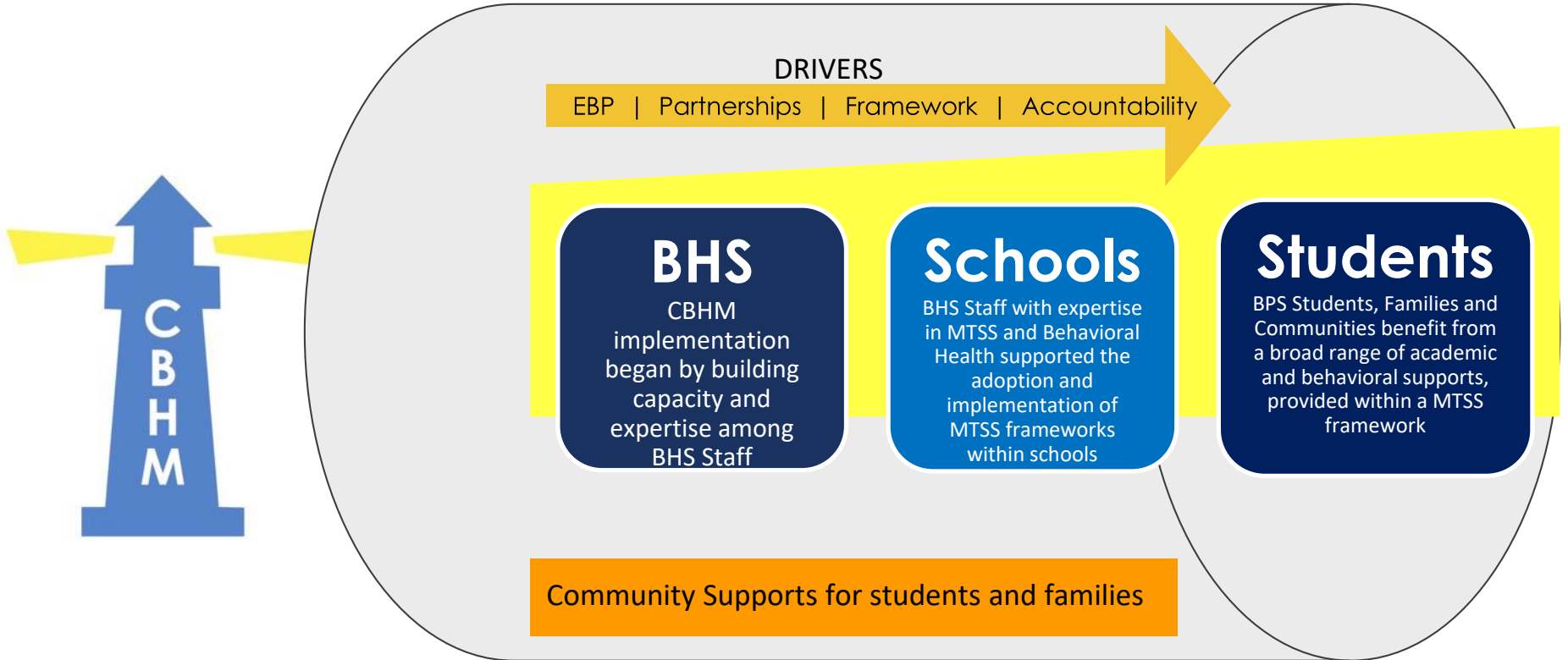


COMMUNITY PARTNERSHIPS EXTERNAL OUTCOMES

How CBHM has led to External improvements at the local and state level:

- × MSPA
- × NASP
- × Safe and Supportive Schools Taskforce
- × Children's Mental Health Campaign
- × TAPS
- × BIRCH
- × Boston School-Based Behavioral Health Collaborative

2019 AND BEYOND



ADDITIONAL INFORMATION

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